



PROUD
RESPONSIBLE
RESPECTFUL
LEARNERS

Mungindi Central School

59 – 67 Wirrah Street, MUNGINDI NSW 2406

Principal: Ms Wendy Blaker

SEMESTER 2 | TERM 3 | WEEK 9

16 - 20 September 2019

NEWSLETTER

FROM THE PRINCIPAL'S DESK

Dear Parents, Caregivers and Mungindi Community,

NAPLAN

Congratulations to all of our students who sat the NAPLAN tests this year and to the staff for their continued dedication and commitment to high quality learning outcomes for all students. Our school results are very pleasing with wide areas of improvement. Our Reading and Numeracy results across the school have shown positive growth for another successive year.

Parents will be receiving their child's NAPLAN results shortly.

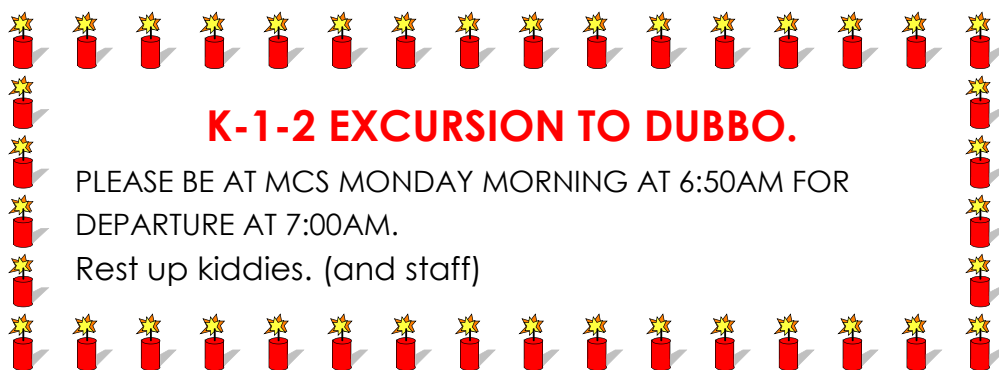
BOOK FAIR

I am a strong believer in the promotion of and encouragement of reading amongst our young. As a result, please do not forget to encourage your child to select at least one book from our book fair.

Each year the school purchases a book for all students Preschool to Year 6 and any student in secondary that would like one. Once your child receives this book I encourage you to ensure the child reads it by asking them about their book, if they liked it etc and maybe even sharing their books within the family.

Have a wonderful week

Ms Wendy Blaker



K-1-2 EXCURSION TO DUBBO.

PLEASE BE AT MCS MONDAY MORNING AT 6:50AM FOR
DEPARTURE AT 7:00AM.

Rest up kiddies. (and staff)

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FUTURE EVENTS

BOOK FAIR

16 - 19 September 2019

PRESCHOOL ORIENTATION

19 September 2019

PRIMARY ASSEMBLY @ 2:00 PM

19 September 2019

DUBBO EXCURSION

23-24 September 2019

TERM 3 REWARDS DAY

26 September 2019

LAST DAY PRESCHOOL

26 September 2019

LAST DAY TERM 3

27 September 2019



Email: mungindi-c.school@det.nsw.edu.au
Website: mungindi-c.schools.gov.au



It's almost here!!!!

THIS FRIDAY IS BOOK DAY!!



READING

**is our
SUPERPOWER**

Book Day celebrations begin at 11:40am Friday (just after lunch) and will run until late break. Get ready for our parade, activities with our superheroes, and a sausage sizzle.

Superheroes making an appearance include:

- | | |
|---|----------------------------------|
| ★ Lady Rainbow | ★ The Environmentalist |
| ★ The Soft Shoe Shuffler | ★ Captain Decipher |
| ★ Captain Creative | ★ Retro Woman |
| ★ Twinkle Brush | ★ Mama Hester the fortune teller |
| ★ Super Kelso the Magical Mathematician | ★ Z-Nation |

Don't forget to dress up as a superhero or as your favourite bookish character!

Sydney End of Year Excursion

The end of Year excursion is all planned and ready for students in Primary and Secondary who qualify for this educational and fun filled week to Sydney. To qualify all students need to have their **attendance rate of 85% or more and exhibit acceptable behaviour.**

Students who would like to attend need to collect a permission notes from either Ms Barker or Mrs Kelso. Families can seek financial assistance through the payment system Centre Pay to pay for the excursion. Please call the School Administration Office to request a form.

All permission notes and a non – refundable deposit of \$150.00 is required by Thursday 31st October 2019 to ensure your child attendance on excursion.

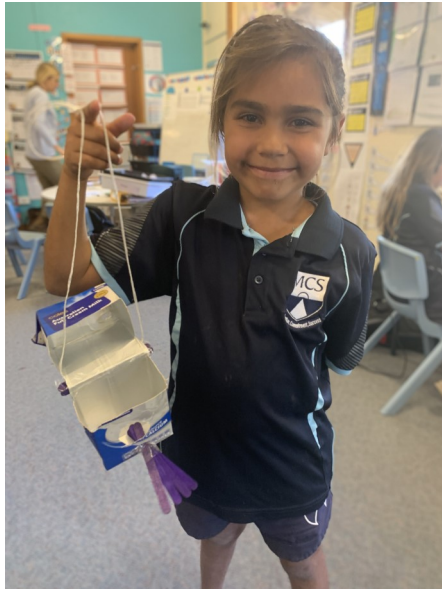
Students will be departing on Saturday 7 December from Mungindi Central School at 6.15am to travel to Moree for Country Link Rail to Sydney and return to Moree by Country Link and then on to Mungindi by coach on Thursday 12 December 2019.

The total cost of the excursion is \$300 and includes transport, accommodation, breakfast and most dinners, attraction entry and students own Opal Card. Students will also be required to bring their spending money for the duration of the excursion.

Attractions to be visit includes: Luna Park, Opera House, Darling Harbour, Japanese Garden, Jewish Museum, Anzac Memorial , Sydney Tower, Sydney Aquarium, Taronga Zoo, Manly Beach, NSW Art Gallery, ANZ Stadium Tour and NSW Sporting Centre of Excellence to name a few.

Ms Karen Barker





K -1 -2

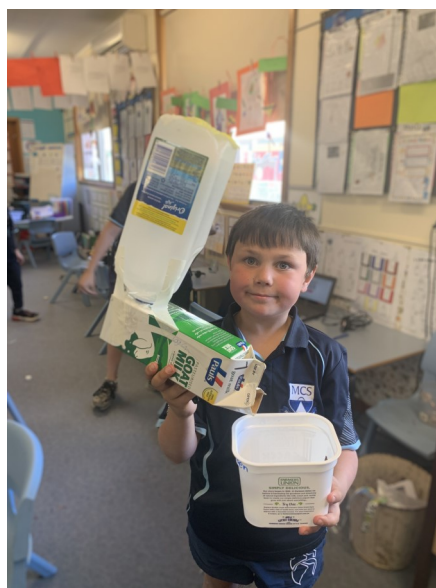


Feeders from recycled materials

This week K,1,2 class in science have explored the needs of birds and bees and developed feeders for the garden to help with the shortage of food during the drought. Students planned their ideas by sketching in their book and built feeders using recycled materials. We have also explored composting in the garden over the term and how natural materials break down over time.

Regards


Belinda Brosnan



Moree Cricket Report

On Wednesday 11th September a group of promising cricketers from primary school, consisting of Mikaela, Maison, Parker, Beau, Novan, Shakeita, Claire, Sheldyn, Lexie, Melissa, Tyra and Amy, travelled to Moree to play in a Cricket tournament against other local schools. Tyra stood out as an all-rounder showing exceptional poise, bashing the ball to all parts of the field and backing it up with a bowling action that saw heaps of wickets tumble. Maison was a real swinger, probably missed more than he hit, but busy as a bee in the field trying to play every position at once. Beau was the surprise packet, getting his eye in early to smack some big fours and with a deceptive bowling action that claimed a few scalps. All players and staff had a great day out and look forward to the tournament being held again next year.

Helmut Klemmer



EVERY MINUTE COUNTS....

When your child misses just...	that equals...	which is...	and therefore, from Kindy to Year 12, that is...
10 minutes a day	50 minutes of learning each week	Nearly 1½ weeks per year	Nearly ½ a year of school
20 minutes a day	1 hour and 40 minutes of learning each week	Nearly 2½ weeks per year	Nearly a year of school
½ hour a day	½ a day of learning a week	4 weeks a year	Nearly 1 ½ years of learning
1 hour each day	1 whole day of learning each week	8 weeks per year or nearly a term a year.	Over 2 ½ years of learning

Your child's best learning time is at the beginning of the day...

Check the time your school starts. DON'T BE LATE!



Coming Up at Mungindi Central School Preschool

Thursday 19 September:- Orientation visit from Mungindi Community Preschool 9:30 - 10:30

Thursday 19 September:- Talk Like a Pirate Day Community Library 11:00 - 1:30

Thursday 19 September:- End of Term 3 Assembly 2:00 pm

Friday 20 September:- Dress up as a Super Hero for Book Week

Thursday 26 September:- Final day Term 3 for Preschool

Tuesday 15 October:- First day Term 4 for Preschool

Wednesday 16 October:- Kindergarten Transition 12:40 - 1:40

Thursday 17 October:- Parent Information Session for Kindergarten Transition 1:40

Friday 18 October:- Preschool Orientation 9:00 - 11:00

Mrs Pauline Lawson

Mungindi Central School

Principal: Ms Wendy Blaker

Preschool Orientation

Mungindi Central School Preschool would like to welcome Parents / Caregivers and Children to our Preschool Orientation. The Orientation is aimed at children interested in attending Mungindi Central School Preschool in 2020 (Children turning 4 before 31 July 2020). Preschool Orientation will run every Friday in our Preschool environment from Term 4 Week 1 to Week 4 Friday from 18 October 2019 to 8 November 2019. We ask that children bring a hat, water bottle and morning tea.

Parent's Information/enrolment Session, Term 3 Week 4, Friday 8th Nov 2019, at 9:00 am at Mungindi Central School Preschool Classroom.

Light morning tea will be provided.

RSVP: Mungindi Central School

Phone: 0267 532 207



TERM	DATE	TIME
Term 4	Friday 18 October 2019	9:00 am—11:00 am
Term 4	Friday 25 October 2019	9:00 am—11:00 am
Term 4	Friday 1 November 2019	9:00 am—11:00 am
Term 4	Friday 8 November 2019	9:00 am—12:00 pm
Term 4	Friday 8 November 2019	10:00 am-12:00 pm Parent Information/enrolment session
Term 4	18—22 November 2019	Principal enrolment interviews

Mungindi Central School



Principal: Ms Wendy Blaker

Kindergarten Transition

Mungindi Central School would like to welcome children to our 2019 Kindergarten Transition to School Program. The program is designed for children transitioning into a Kindergarten environment and will run every Wednesday from 16 October 2019 to 27 November 2019. We ask that children bring a hat, water bottle and lunch as normal.

Parent's Information Session,

Thursday 17 October 2019, at 1:20 pm in K / 1 / 2 Classroom.

Light morning tea will be provided.

RSVP: Mungindi Central School

Phone: 0267 532 207



TERM	DATE	TIME
Term 4	Wednesday 16 October 2019	12:40 pm—1:40 pm
Term 4	Thursday 17 October 2019	1:20 pm—2:30 pm Parent Information and enrolment session
Term 4	Wednesday 23 October 2019	12:40 pm—1:40 pm
Term 4	Wednesday 30 October 2019	12:40 pm—1:40 pm
Term 4	Wednesday 6 November 2019	12:40 pm—2:00pm
Term 4	Wednesday 13 November 2019	12:40 pm—2:00 pm
Term 4	Wednesday 20 November 2019	12:40 pm—2:00 pm
Term 4	Wednesday 27 November 2019	8:40am—2:50 pm Full Day



K / 1 / 2 DUBBO EXCURSION

Excursion dates	Itinerary	Itinerary
Departing Mungindi: Monday 23 September 6:50am for departure at 7am Returning to Mungindi: Tuesday 24 September	Monday Departure: Mungindi school (early) Tour: Guided tour of Dubbo Gaol Overnight Stay: Big 4 Discovery Lodge	Tuesday Tour: Dubbo Zoo Return: Mungindi school (late)



Mungindi Playgroup Moree Family Support Inc.

Where : Mungindi Youth Centre
When : Every Wednesday during the school terms
Time : 10am to 12pm

Morning Tea provided!!

Free! Everyone Welcome!!

Contact Meaghan or Jess on 67524536

**COURAGE TO CARE
MOREE EXHIBITION**

4-29 NOV 2019

Experience firsthand Holocaust survivor stories, guided tours and tailored anti-discrimination workshops.

Bank Art Museum Moree (BAMM)
25 Frome Street, Moree NSW 2400

Book Now: www.couragetocare.com.au/moree-exhibition

MMADS PRESENTS

Fishin' in Mungadloo

Friday 20th + Saturday 21st September 2019
MUNGINDI HALL

Tickets: \$55 - Adults only show
Bar opens @ 6pm - Dinner served @ 7pm - Show starts @ 7.30pm
Tickets go on sale on the 17th July @ 9am.
Purchase @ stickytickets.com.au/88898

MMADS
Mungindi Musical and Dramatic Society

GOLD SPONSORS
Kotzur Pty Ltd, Paynes Electrical, C&W Financial Services, McGregor Goulag, B&W Rural, Jolly Swagman, Elders Insurance - Moree, Narrabri & Inverell, Thorley Earthmoving, Nemoi Cotton

SILVER SPONSORS
SFM, Wyndridge Past Co, South Banarba Agriculture, Rabo Bank, Adama Aust. Pty Ltd, Harrison Farming, Precision Aerial, Cleveland Ag, Reardon Operations, GoldStar Commodities

BRONZE SPONSORS
Greg & Jon Hamilton, Ben the Plumber, Lachnick Consulting, Nularrn, Webb & Boland, CM Hickson & Co, Agri-Storage, PT'S Country Wares, Spar Supermarket - Mungindi.

SPONSORSHIP
Geoff & Joan Brannigan, Philip Shaw Wines, L & S Lowman

MMADS is a subsidiary of the Mungindi Arts Council



CANTEEN

Orders in by 9:00am Wednesday to Front Office.

No late orders accepted on hot food. Please use separate order bags for Lunch and Late Break.

HOT FOODS		COLD FOODS	
HOT MEAT PIES	\$3.00	FRUIT SALAD CUPS	\$1.00
HOT SAUSAGE ROLLS	\$2.50	PACKET OF CHIPS	\$1.50
MAC & CHEESE	\$3.00	ZOOPER DOOPER	\$0.50
PIZZA SINGLES HAM PINEAPPLE	\$3.00	POPCORN	\$1.00
PIZZA SINGLES CHEESE BACON	\$3.00	JELLY CUPS	\$1.00
BEEF LASAGNE	\$3.00	ICE CREAM CUP	\$2.00
BOLOGNESE	\$3.00	FROZEN YOGHURT	\$2.00
2 MINUTE NOODLES	\$2.00	ARNOTTS SWEET BISCUITS	\$1.00
TOASTED SANDWICH		DRINKS	
HAM or CHICKEN & CHEESE	\$2.50	BOTTLED WATER	\$2.00
SALAD BOWL	\$5.50	SLUSHIES	\$2.00
Lettuce, Tomato, Cheese, Cucumber, Beetroot, Ham or Chicken, Mayonnaise or Italian Dressing		Cola or Lemonade	
SALAD SANDWICH	\$5.50	POPPERS	\$2.00
Lettuce, Tomato, Cheese, Cucumber, Beetroot, Ham or Chicken, Mayonnaise		MILK CHOCOLATE	\$2.00
SAUCE		MILK STRAWBERRY	\$2.00
BBQ and Tomato	.20c		
Canteen Menu is subject to change on availability of stock.			



LOST PROPERTY

On Thursday 4 July, 2019 a set of car keys were lost / misplaced somewhere on the school grounds. If these keys have been found, please return them to the Administration Office as soon as possible. There will be a reward for the return of the keys.



P & C News

Dear Mungindi Central School & Preschool
Parents and Caregivers,

Our next meeting will take place at Mungindi
Central School on Wednesday 16 October from
3:15 pm.

Thank you all for your continued support.

Kind regards,

Mrs Kristy Johnston

P & C President



MUNGINDI LOCAL AGM MEETING

Date: Thursday 31st October 2019

Time: 3.00pm

Venue: Mungindi Youth Centre

AGENDA:

1. Acknowledgement to Country
2. Minutes of previous meeting
3. President Report
4. Treasurer's Report
5. Next meeting
6. Meeting Close

*We acknowledge and pay respect to our Elders, past and
present and emerging.*

Any visitors to Mungindi Central School are reminded to please report to the Administration Office upon arrival to sign in to the grounds and before departure to sign out. This is a requirement of Workplace Health and Safety and Department of Education NSW to ensure the safety of our students and visitors. Further information related to this can be located in our Wellbeing Policy 2017.

STUDENT LUNCHES

If your child forgets their lunch, or you are running late, their lunches must be dropped at the Administration Office for delivery to the student. **Under no circumstances** are parents to deliver the lunches to the classrooms. This is to ensure that there is no disruptions to the classrooms so students can have the best possible learning experience.



Breakfast Club

Breakfast Club opens from 8:20 am and will conclude by 8:40 am. Breakfast club offers all students at Mungindi Central School toast with various spreads.

Please make sure that your child is at school before 8:35 am to access this program.

Headspace

headspace is the National Youth Mental Health Foundation providing early intervention mental health services to 12-25 year olds, along with assistance in promoting young peoples' wellbeing. This covers four core areas: mental health, physical health, work and study support and alcohol and other drug services.

Information and services for young people, their families and friends as well as health professionals can be accessed through this website, headspace centres, online counselling service eheadspace, the Digital Work and Study Service and post-vention suicide support program headspace School Support.

headspace Clinical Reference Group oversee and approve clinical resources made available on this website.

Access at headspace.org.au

eHeadspace

eheadspace is a confidential, free and secure space where young people 12 - 25 or their family can chat, email or speak on the phone with a qualified youth mental health professional.

Young people may contact us if they need advice, are worried about their mental health or are feeling isolated or alone. eheadspace can help with a broad range of issues like bullying, drug and alcohol issues, depression and anxiety, relationships, concerns about friends, fitting in and isolation. We also have experts who can provide work and study advice to young people and specialist support to parents and carers who are worried about a young person 12 - 25.

Access at eheadspace.org.au



Centrepay Policy

Parents and Caregivers of Mungindi Central School students are very privileged to have Centrepay facilities available to them to pay for various items such as Uniforms and Excursions. Mungindi Central School asks for your co-operation in handling any deductions you may have. We understand that sometimes money can be short; all we ask is that you come and see us to arrange a hold or change your payment.

Please do not cancel your payment without first talking to the Administration Staff and if you notice anything strange going on with your payment please also contact us. Failure to do so may result in Centrepay being unavailable to you at Mungindi Central School.

HOW ARE YOU GOING?



How are you feeling?	Self-aware and calm	Irritable or impatient	Angry or frustrated	Aggressive and out of control
What's your stress level?	Coping well	Worried or nervous	Very nervous, panicky	Really anxious, panic attacks
What's your outlook?	Positive	Overwhelmed	Feeling hopeless	Depressed or suicidal thoughts
How are you working?	Motivated and kicking goals	Putting things off, forgetting stuff	Unmotivated, not working well	Can't get anything done
How are you sleeping?	Normally	Trouble sleeping	Restless and disturbed	Sleeping too much or too little
What's your activity level?	Keeping active	Not doing as much as usual	Not enjoying activities	Avoiding activities
How social are you?	Feeling connected	Staying in more than usual	Annoyed with everyone	Avoiding people and isolated

WHAT CAN YOU DO?



You're doing really well! Get some more wellbeing tips at ReachOut.com	Talk to friends and family about how you're feeling	Chat to your GP. Get some support in place	Help is available. See your GP - don't put it off
	Get support anytime at ReachOut.com	Kids Helpline 1800 55 1800	Lifeline 13 11 14
	Practice some self-care by making time to do something you love	If you live rurally, check out ramhp.com.au	Suicide Callback Service 1300 659 467

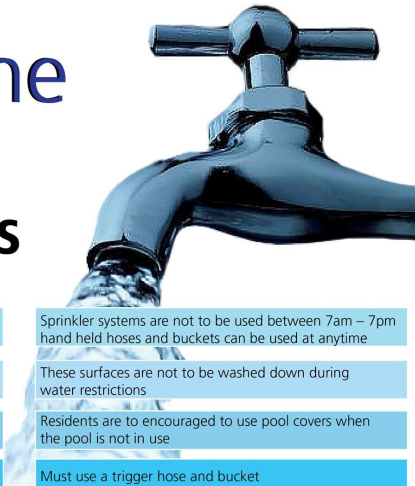






Level One

DOMESTIC WATER RESTRICTIONS



Water of lawns and garden	Sprinkler systems are not to be used between 7am – 7pm hand held hoses and buckets can be used at anytime
Washing down of paved concrete surfaces	These surfaces are not to be washed down during water restrictions
Swimming Pools	Residents are to encouraged to use pool covers when the pool is not in use
Car Washing	Must use a trigger hose and bucket
Home Extensions and landscaping	No restriction
Water Carters	No restriction
Washing of Clothes	Residents to be encouraged to wash only in full loads
Shower and Baths	No restriction
Animal Washing	No restriction
Use of Evaporative Air Coolers	No restriction
Fountains and Ponds	Fountains are to be turned off between 10pm – 7am and not cleaned

PO Box 420, Moree NSW 2400 council@mpsc.nsw.gov.au (02) 6757 3222 www.mpsc.nsw.gov.au F: @MoreePlainsShireCouncil @MoreeShire moreenplans



Poche Dental
University of Sydney

UPCOMING CLINIC DATES
23RD - 26TH September
14th - 17th October

Pius X Mungindi
Walker Stret
Phone: 0267532422

Made with PosterMyWall.com

Email: mungindi@piusx.com.au

Good for Kids good for life

CHOOSE WATER

How much water should our kids drink everyday?

1—5 years 1.25L
6—12 years 1.5L



TIPS TO DRINK MORE WATER

- Show children that you enjoy drinking water
- Drink water with every meal
- Take a refillable bottle when you go out
- Pack water for school
- Encourage drinking extra water when they play sport
- Limit buying sugary drinks



Information source: © Cancer Council Victoria 2019

NSW Health
Hunter New England
Local Health District

HNELHD-GoodForKids@health.nsw.gov.au
<http://www.goodforkids.nsw.gov.au/>

Bring your bills, fines & money worries

Come and get free legal help with:

- Financial counselling
- Energy or phone bills
- Fines and Work & Development Orders
- Loan or credit card debt you can't afford
- Debt collectors
- Renting or buying a car or things for your house
- Centrelink payments/debts
- No interest loans (NILS)
- Paying for funerals
- Housing

Free
legal help
and
lunch!

Tuesday 17 September
10.00am – 2.00pm
Barwon River Park, St George St, Mungindi

Bring your documents along & get help from:



Contact ALS (02) 6757 8300 or Legal Aid 1800 793 017

Rural and regional school travel

Apply online for free school travel in rural and regional NSW. You only need to complete one form, even for journeys using more than one operator.

Who can apply?

To be eligible for free school travel, students may need to live a minimum distance from their school:

Years K-2 (Infants)

There is no minimum distance.

Years 3-6 (Primary)

More than 1.6km straight line distance or at least 2.3km walking.

Years 7-12 (Secondary)

More than 2.0km straight line distance or at least 2.9km walking.

Who needs to apply

You only need to apply if the student has never been approved for free school travel before. Students in a shared parental responsibility situation (e.g. joint custody) should submit a separate application for both addresses.

How to update your details

You need to update student details online if the student is changing their name, address, school or campus, or their Transport operator. You can update them at apps.transport.nsw.gov.au/ssts/updatedetails#/updateDetails

Frequently asked questions

Does the approved free travel include travel outside school hours?

Approved free school travel is only for travel to and from school. So for travel after hours, on weekends or during school holidays, students will need to buy a ticket.

What if there's no public transport in my area?

In areas where there is no public transport, you may be able to get a subsidy for driving the student to school. For details, visit transportnsw.info/school-students

How do I apply if the student needs to travel from two addresses because the parents live separately?

Each parent (or the student if aged 16 or over) needs to apply separately for each address. The same minimum distances apply.

How to apply for free travel for the first time

You can apply for free school travel for next year from the start of Term 4 this year.

Step 1

Once you have enrolled your child at the new school, apply online by giving your home address and telling us which bus company the student needs to travel with between home and school. You can apply online at apps.transport.nsw.gov.au/ssts/home#/howToApply

Step 2

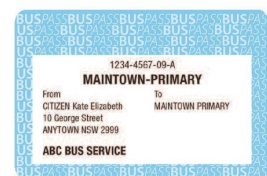
The school then confirms to us that your details are correct.

Step 3

We will then work on your application. You will get an email confirming if the student is approved for free travel. If so, we will tell your local bus company who may send a school travel pass (if needed) to your school or, in some cases, the bus company will contact you directly about travel arrangements.

A parent or guardian must apply for students aged 15 years and under. Students who are 16 years and over must apply for themselves.

What my card will look like



Want to know more?

For more information, visit transportnsw.info/school-students

For help in your language, call the Translating and Interpreting Service (TIS) on 131 450.

Privacy

For information on how we handle personal information please refer to the Opal Privacy Policy at transportnsw.info/tickets-opal/opal/opal-privacy-policy and the School Pass Terms apps.transport.nsw.gov.au/ssts/#/termsAndConditions






White Ribbon
Australia

Making women's safety a man's issue too.

Calendar September - October 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
16 BOOK FAIR	17 BOOK FAIR	18 BOOK FAIR LIFE EDUCATION VISIT	19 BOOK FAIR PRIMARY ASSEMBLY @ 2:00 PM	20 BOOK WEEK PARADE	21	22
23 K/1/2 DUBBO EXCURSION	24 K/1/2 DUBBO EXCURSION	25	26 TERM 3 REWARDS DAY LAST DAY TERM 3 PRESCHOOL	27 LAST DAY TERM 3	28	29
30	1 OCTOBER				5	6 DAYLIGHT SAVINGS BEGINS
7	8				9	12
SCHOOL RESUMES MONDAY October 14 - K to Stage 6 students as well						

2019 TERM DATES

TERM 1	WEDNESDAY 6 FEBRUARY 2019 - FRIDAY 12 APRIL 2019
TERM 2	TUESDAY 30 APRIL 2019 - FRIDAY 5 JULY 2019
TERM 3	TUESDAY 23 JULY 2019 - FRIDAY 27 SEPTEMBER 2019
TERM 4	MONDAY 14 OCTOBER 2019 - WEDNESDAY 18 DECEMBER 2019



PROUD
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RESPECTFUL
LEARNERS

Mungindi Central School

59 – 67 Wirrah Street, MUNGINDI NSW 2406

Phone: 02 6753 2207

Motivation, Commitment, Success