

Mungindi Central School



SEMESTER 1 TERM 1 2019

WEEK 4 - 21 February 2019



SPORT AT MUNGINDI CENTRAL SCHOOL

Sport is a mandatory component of every Primary and Secondary student.

It's important that every student wears a hat as Mungindi Central School has a NO HAT NO PLAY policy.

Primary students have commenced sport this term learning the importance of warm up and warm downs, skills, team work and sun safety during sport.

During lunch break students are encouraged to participate in activities from soccer, handball, skipping and general recreational play.

Secondary students this term have the opportunity to participate in a number of activities from Table Tennis, Paddle Tennis, Basketball, Swimming and Badminton.

Ms Karen Barker
Sports Coordinator



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FUTURE EVENTS

AECG MEETING @ 3:30 PM

21 February 2019

MOREE ZONE PRIM SWIMMING

22 February 2019

PRIMARY ASSEMBLY @ 2:00 PM

6 March 2019

CRIME PREVENTION MEETING

13 March 2019

FAST 5 NETBALL

15 March 2019

QUOTE OF THE WEEK

"Be brave and fearless to know that even if you do make a wrong decision you're making it for good reason."

ADELE

SENIOR ENGLISH

Term One has started rigorously and smashingly for Stage Six English students. This year across NBSA we have many senior English courses running which continue to provide great learning opportunities for our students.

In Year Eleven we have two classes running. Our Advanced English class are beginning their studies by completing their mandatory Reading to Write module. In this, the girls are looking at the voice and portrayal of women in a variety of texts. Our skills based English class are maturing their literacy proficiency through a study on the novel *Raw* by Scott Monk. This is a great read full of teenage drama and set in the outskirts of our beloved Mungindi... dare I say it – one of my favourites.

In HSC English, English Studies students are completing a module exploring English in the Sciences. This course is coordinated by Miss Alyssa Reid from Boggabilla and it is really interesting, so much so it is making me want to hang out in in the science lab, or see if I can create my own monster like Frankenstein. HSC Standard students are completing Module B of their studies; a study on the sci-fi bildungsroman novel *Feed* by MT Anderson. Through this text students look at a futuristic society where citizens have the internet (the feed) implanted in their brains – farfetched or not too far off? Maybe the Year 12 Standard English gang will have an answer for us shortly.

As Joseph Addison said 'Reading is to the mind what exercise is to the body.' As I say Read a Book!

Yours in Senior English,

Ms Ogg

English Teacher



BREAKFAST CLUB

Breakfast Club is a great initiative that will continue in 2019. Breakfast is the most important meal of the day and Breakfast Club will run every morning.

Mrs Brosnan, Miss Nat and Ms Jenny welcome all students to toast and a variety of spreads and cereal or fresh fruit when available.

Ms Karen Barker

Head Teacher Secondary Studies



PRIMARY ASSEMBLY

Congratulations to all students who received awards and swimming carnival ribbons at our first assembly for 2019. Well done to Preschool for being named 'The Best Listening Class'. They will keep the trophy in their room until the next assembly, where they will be able to sit on the chairs. Our next assembly is on Thursday 7 March at 2:00 pm in the hall. Parents are welcome to attend. Hope to see you there.

Mrs Chloe Kelso

Primary Classroom Teacher



PRESCHOOL CAPERS

We are continually exploring our environment, resources and building relationships at Preschool this week. The children have shown interest in fish, so we have a tropical fish, a pretend jellyfish and Finley the fighting fish in the preschool for us to observe. We are learning to look after them and are enjoying watching. We have investigated different water ways where we can find fish and have learnt to look after our water by being water wise and putting our rubbish in the bin. We enjoyed watching fish swimming during meditation time and also exploring what floats and sinks.

For your information: Starting Transition Program

Canteen - Pre-schoolers are able to have canteen on each Wednesday. We eat before the other students at the big school and play on the big school play equipment. This is the start of our transitional program to become familiar with big school. As the year goes on, the children will have more to do with the students at big school.

Assembly - Every second week (even weeks) the preschool join Primary at Assembly. Again, this is part of our transition program to familiarize the children with buildings and routines at big school. We are learning to walk in a quiet straight line to places during Term 1. We get to show our creations or perform a song at these assemblies. At the end of each term we also have a special assembly which parents are welcome to attend. Children may receive a certificate and do an item.

Mrs Pauline Lawson

Preschool Educator



NSW PREMIERS SPORTING CHALLENGE

This year our school has registered to participate in the NSW Premier's Sporting Challenge again.

The purpose of the Challenge is to encourage students to participate in sport and physical activity to lead to a healthy lifestyle.

Over a ten week period from Term 1 Week 5 25 February to Term 2 Week 3 17 May 2019, our school will be monitoring physical activity levels during class time, at recess and lunch as well as during sport lessons.

The aim is to work towards an average at least 60 minutes of activity a day for ten weeks. Our school will be working towards an individual student award at the conclusion of the Challenge.



Best Start Year 7 Assessment 2019

Information for parents and carers

Dear parents and carers

Best Start Year 7 is a new online assessment for students that helps provide information for teachers on the literacy and numeracy skills of students at the beginning of Year 7.

The Best Start Year 7 will take place at our school next Tuesday the 26th February, 2019.

The assessment, covers key literacy and numeracy skills that are important to a student's success in all subjects in high school. Students come to high school with a range of experiences, skills and abilities in literacy and numeracy. It is important that teachers have current information about their students so that they can plan programs and lessons that best support the learning needs of every student.

The Best Start Year 7 Assessment will be completed at school during class time.

No preparation is needed for this assessment. Its purpose is to provide our teachers with additional information to best support the teaching of your child.

Please contact the school if you have any questions regarding the Best Start Year 7 assessment.

Telephone Interpreter Service

If you need an interpreter to assist you to contact the school, please call the Telephone Interpreter Service on **13 14 50** and ask for an interpreter in your language. The interpreter will call the school and will stay on the line to assist with the conversation. You will not be charged for this service.



Principal
Mungindi Central School

P & C News

Dear Mungindi Central School & Preschool Parents and Caregivers,

The Canteen at present needs volunteers. For the past year, 3 ladies have given up most of their Wednesdays to provide the children with Canteen. This year they are stepping down. If we get enough people to do up a roster, you may only have to volunteer once or twice a term. If you are willing to volunteer your time on Wednesdays between the hours of 8:30 am and 2:00 pm, please let the P&C members know by emailing mungindicentral.p.c@gmail.com or leaving your name and number with the ladies in the office.

If we don't get the volunteers, then the canteen will have to close.

The P&C will be holding their Annual General Meeting on Tuesday 26 March, 2019 from 3:30 pm at Mungindi Central School's Hall / Library. All executive positions are open. These positions are President, Vice-president, Treasurer and Secretary. If you are interested in any of these positions and are unable to attend the AGM please email us your name and position you are interested in or leave a message with Mungindi Central School's Administration staff to pass on.

We encourage all parents of Mungindi Central School and Preschool students to become a P&C member.

As a P&C member, you become part of a voluntary group that fundraise money to help provide resources for our school. Over the last few years we have held Mother's Day and Father's Day stalls, where the children get to choose and buy gifts for their loved ones. We have also held a Holt Bolt Inflatable Obstacle Course which the kids had a blast participating in. We chose to hold fundraisers that the children would get enjoyment out of. So if you would like to do things that the kids enjoy whilst raising funds to help the school, please come to the Annual General Meeting.

Kind regards,

Mrs Kristy Johnston

P & C President

AGM
Annual General Meeting

Parent Reminder

SCHOOL TIMES

School begins at 8:40 am for Secondary and Preschool students and begins at 8:50 am for Primary students. School ends at 2:40 pm for Preschool and Primary students and ends at 3:10 pm for Secondary students.

The school grounds are open to students from **8:30 am** and are supervised from this time. Please do not drop off your children before 8:30 am. The school will not accept any responsibility for students entering the premises outside school hours, unless they are under the direct supervision of a teacher or sports coach.



CANTEEN

Orders in by 9:00am Wednesday to Front Office.

No late orders accepted on hot food. Please use separate order bags for Lunch and Late Break.

HOT FOODS		COLD FOODS	
HOT MEAT PIES	\$3.00	FRUIT SALAD CUPS	\$1.00
HOT SAUSAGE ROLLS	\$2.50	RED ROCK HONEY SOY	\$1.50
LAMB OR CHICKEN WRAPS	\$4.00	ZOOPER DOOPER	\$0.50
PIZZA SINGLES HAM PINEAPPLE	\$3.00	POPCORN	\$0.50
PIZZA SINGLES CHEESE BACON	\$3.00	JELLY CUPS	\$1.00
BEEF LASAGNE	\$3.00	PACKET ARNOTTS BISCUITS	\$1.00
BOLOGNESE	\$3.00	DRINKS	
NOODLES BEEF	\$2.00	BOTTLED WATER	\$2.00
NOODLES CHICKEN	\$2.00	POPPERS	\$1.50
NOODLES ORIENTAL	\$2.00	HOT MILO	\$1.00
TOASTED SANDWICH		SLUSHIES	Large \$2.00 Small \$1.00 Cola or Lemonade
HAM or CHICKEN & CHEESE	\$2.50	MILK PLAIN	\$1.50
MAC & CHEESE	\$3.00	MILK STRAWBERRY	\$1.50
COTTAGE PIE	\$4.00	MILK CHOCOLATE	\$1.50
SAUCE		Canteen Menu is subject to change on availability of stock.	
BBQ and Tomato	.20c		
SUMMER SPECIALS			
SALAD BOWL	\$5.50	SALAD SANDWICH	\$4.50
Lettuce, Tomato, Cheese, Cucumber, Beetroot, Ham or Chicken, Mayonnaise or Italian Dressing		Lettuce, Tomato, Cheese, Cucumber, Beetroot, Ham or Chicken, Mayonnaise	



MUNGINDI LOCAL

ABORIGINAL EDUCATION CONSULTATIVE GROUP

GENERAL MEETING

Date: 21 February 2019
Time: 3:30 pm
Venue: Mungindi Central School – Hall / Library

If you are unable to attend the meeting please ensure that your apology is recorded by contacting:

Donell Hope Mungindi Local Secretary 0429 771 195

Donell Hope Email: Donell.Hope@det.nsw.edu.au

AGENDA

- | | | |
|----|---|-----------------|
| 1 | Welcome to Country | Acknowledgement |
| 2 | Minutes of previous meeting | Secretary |
| 3 | President Report | President |
| 4 | Treasurer's Report | Treasurer |
| 5 | General Business – Native Garden, STEM & Language Camps EOI, Debutante Ball, NAIDOC | |
| 13 | Next Meeting | |
| 14 | Close | |

Please contact Donell if you would like information on our Agenda.

Please do not hesitate to contact me for any further information on

Email: Donell.Hope@det.nsw.edu.au

Or 0429 771 195

Mungindi Central School

SCHOOL PHOTOGRAPHS WILL BE TAKEN ON:

Friday 29 March 2019

ORDER NOW go to www.advancedlife.com.au and enter the code
A8Y CRZ 9G9

Dear Parents,

School photographs are scheduled to be taken by **advancedlife**. Whilst an envelope and flyer will be distributed shortly, if possible it is our preference that ordering be completed online to reduce administration and potential security issues related to the return of cash and envelopes on photo day.

Orders for photography packages can be placed securely online at www.advancedlife.com.au using our school's unique **9 digit advancedorder code**. Portrait and group package orders are due by photography day.

Should you have any queries concerning school photographs or online ordering, please direct them via email to enquiries@advancedlife.com.au



Fried Rice in a Cup

\$2.50 / cup

Design and Technology will be selling Fried Rice in a cup next Friday 1 March, 2019 for lunch.



A reminder that Mungindi Central School has a No Hat No Play Policy. Please ensure that your child is sent to school with a hat. Hats are available for purchase from the Administration Office for \$15.

MUNGINDI

Moment's

February 2019



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Talwood Winter Cropping Update 4pm	2
3	4 RTA	5	6 School Starts for Term 1 Swim Club	7 Drought Support 9 – 12 @ Hall	8	9
10	11 Pony Club AGM 6.30pm	12	13 Crime Prevention Meeting Swim Club	14 	15 Progress Association 'Meet & Greet' @ the Jolly	16 Progress Association Furniture Sale @ the Hall
17	18 St Joseph's P&F AGM Progress Meeting 5pm	19 RURAL HEALTH 11am @ The Shed	20 Swim Club Mungindi Show Meeting @ Jolly 7pm	21	22	23
24	25	26	27 Swim Club	28		



www.mungindi.com.au

#MyMungindi



A WORKSHOP FOR FAMILIES OF CHILDREN WITH DEVELOPMENTAL DISABILITY
CURRENTLY ATTENDING OR APPROACHING THE SCHOOL YEARS

One of the Kids



March 2019

Moree—Tamworth— Armidale

LEARN ABOUT INCLUSIVE EDUCATION, HEAR STORIES OF SUCCESS FROM
A PARENT GUEST SPEAKER AND SEE HOW INCLUSION WORKS IN THE
REGULAR CLASSROOM

1800 620 588

www.family-advocacy.com

March 2019

ONE OF THE KIDS WORKSHOP

Moree Tuesday 5 March—Spa Village Travel Inn,
300 Warialda St, Moree

Tamworth Wednesday 6 March—Powerhouse Quality Motel,
248 Armidale Rd, East Tamworth

Armidale Thursday 7 March—Powerhouse Quality Motel,
31 Marsh St, Armidale

TIME 9.30am—3pm

Refreshments available on arrival with lunch and a resource pack provided.

REGISTRATION [Online](http://www.family-advocacy.com) or via www.family-advocacy.com

CALL US 1800 620 588 or (02) 9869 0866

EMAIL US advocacyandleadership@family-advocacy.com

The workshop will cover :

How the school years can lead to a meaningful life—A brief history of disability education

How inclusion can look in the classroom—Evidence and support for inclusive education

Education policies and supports that exist within schools—Advocacy tools and strategies for families

Hear from a family whose child is learning in a regular classroom

Family Advocacy is an independent and impartial advocacy organisation that works with families across NSW to promote and defend the rights and interests of people who have developmental disability*

The organisation is managed and staffed by parents and allies of people with disability who recognise the issues families face and who can assist in strengthening the advocacy of families.

*Developmental disability is a disability that occurs in the developmental period of a person's life (in the period from conception to adulthood) and includes intellectual disability, cerebral palsy, spina bifida, autism, and any combination of physical, intellectual or sensory disability.

Current Medical Warnings

Gastroenteritis

Symptoms

A combination of frequent loose or watery stools (diarrhoea), vomiting, fever, stomach cramps, headaches.

School or home?

Keep home from school for 24 hours after diarrhoea and / or vomiting stops.

How can I help prevent spread?

Careful hand washing, washing bedding and clothing.

The DO'S AND DON'TS OF VOMITING AND DIARRHEA

Do KEEP EATING BLAND FOODS THAT ARE EASY TO DIGEST

Don't EAT SUGARY FOODS SUCH AS  AND 

Do DRINK SMALL SIPS OF  TO PREVENT DEHYDRATION

Under 1 year of age: talk to your doctor.
Age 1 and older: 32-64 fl. oz. per day as long as symptoms persist.

Don't DRINK SUGARY DRINKS LIKE ,  AND 

Do CALL YOUR DOCTOR IF YOU (OR YOUR CHILD) HAVE HAD:

- Diarrhea for more than 24 hours
- Severe abdominal pain
- Both diarrhea and vomiting
- Blood in stool or vomit
- A high fever
- Signs of dehydration

Good for Kids good for life

CRUNCH&SIP®

Crunch&Sip® is a set time during class time for primary school students to 'refuel' on vegetables, salad or fruit, and 'rehydrate' with water. Students who are not hungry and are well hydrated perform better in the classroom, show increased concentration, and are less likely to be irritable and disruptive. Many students are not eating enough vegetables and fruit or keeping sufficiently hydrated.

What to pack for **Crunch&Sip®**
It's simple!
Crunch&Sip means vegetables, fruit and water only.



www.healthykids.nsw.gov.au/campaigns-programs/crunchsip.aspx

 **Health**
Hunter New England
Local Health District

HNELHD-GoodForKids@hnehealth.nsw.gov.au
<http://www.goodforkids.nsw.gov.au/>

PIUS X MEDICAL CENTER
PRESENTS

NSW ABORIGINAL HEALTH KNOCKOUT CHALLENGE 2019

WOULD YOU LIKE TO LIVE A MORE ACTIVE AND
HEALTHIER LIFESTYLE
DONESNT MATTER IF YOUR FIT OR UNFIT
A QUALIFIED TRAINER AND DIETIAN ARE HERE TO HELP
YOU ON YOUR JOURNEY TO A HEALTHIER LIFE
NO COST INVOLVED JUST YOUR FOCUS AND TIME.



**SIGN UP AND
INFORMATION DAY
5TH OF MARCH 2019
9:00AM TO 12:00PM
140 ANNE STREET
MOREE NSW 2400
(PIUS X HALL)**

FOR FURTHER INFORMATION
PLEASE CALL RUSSELL COOK
(02) 67521099

PosterMyWall.com

Centrepay Policy

Parents and Caregivers of Mungindi Central School students are very privileged to have Centrepay facilities available to them to pay for various items such as Uniforms and Excursions. Mungindi Central School asks for your cooperation in handling any deductions you may have. We understand that sometimes money can be short; all we ask is that you come and see us to arrange a hold or change your payment.

Please do not cancel your payment without first talking to the Administration Staff and if you notice anything strange going on with your payment please also contact us. Failure to do so may result in Centrepay being unavailable to you at Mungindi Central School.

Calendar February / March 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
18	19	20 PRIMARY ASSEMBLY @ 2:00 PM	21 AECG MEETING, P & C MEETING @ 3:30 PM	22 MOREE ZONE PRIMARY SWIMMING	23	24
25	26	27	28	1 MARCH	2	3
4	5 NORTH WEST SECONDARY SWIMMING	6 PRIMARY ASSEMBLY @ 2:00 PM	7	8	9	10
11	12	13 CRIME PREVENTION MEETING @ 12:00 PM	14	15 FAST 5 NETBALL NATIONAL DAY OF ACTION AGAINST BULLYING AND VIOLENCE	16	17

2019 TERM DATES

TERM 1	WEDNESDAY 6 FEBRUARY 2019 - FRIDAY 12 APRIL 2019
TERM 2	TUESDAY 30 APRIL 2019 - FRIDAY 5 JULY 2019
TERM 3	TUESDAY 23 JULY 2019 - FRIDAY 27 SEPTEMBER 2019
TERM 4	MONDAY 14 OCTOBER 2019 - WEDNESDAY 18 DECEMBER 2019



*Motivation, Commitment,
Success*

Mungindi Central School
59-67 Wirrah Street
MUNGINDI NSW 2406
Ms Wendy Blaker

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Fax 0267 532 346
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