

Mungindi Central School

SEMESTER 1 TERM 2 2014

WEEK 5 - 27 May 2014



Stage 6 Visual Design



This term's unit sees our Visual Design students become Furniture Makers. Students are completing a unit based on reusing and recycling. This has seen Michael, Lorraine and Deanna creating new pieces of furniture out of junk and rubbish. The students have thus far put in a mammoth effort and are busy designing and constructing tables, chairs and foot-stools. Their imaginations have run wild. One man's junk certainly has become another man's treasure.

Miss Tanya Ogg
Visual Design Teacher

UP & COMING EVENTS

-  **YR 7 - 10 EXAMS**
26 - 29 May 2014
-  **ATHLETICS CARNIVAL**
30 May 2014
-  **PRILIMINARY EXAMS**
3 - 5 June 2014
-  **QUEENS BIRTHDAY PUBLIC HOLIDAY**
9 June 2014
-  **YEAR 7 & YEAR 9 VACCINATIONS**
12 June 2014

QUOTE OF THE WEEK

"Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do, so throw off the bowlines, sail away from safe harbor, catch the trade winds in your sails. Explore, Dream, Discover."

Mark Twain

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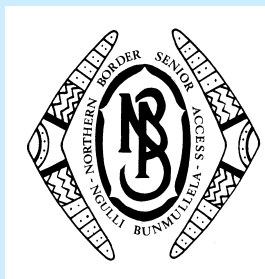
Preschool News

After displaying a common interest in flowers over the past two weeks we decided to create our very own flower garden. First we helped Miss Bec weed all the garden beds before planting out some Pansy seedlings. We also made sure that our baby flower plants got a lovely big drink, to settle nicely into their new home!

Miss Bec & Miss Nat
Preschool



Northern Border Senior Access



Preliminary Mid-Course Exams 2014

What you NEED to bring	What you cannot bring
Pens (preferably black)	Mobile phone
Ruler	No communication devices, organisers, tablets, music players or electronic dictionaries
Pencil & sharpener	Paper or any printed or written material, including exam timetable
Rubber / Eraser	Dictionaries – except where permitted
Water – must be in clear bottle	Correction fluid of any kind
Wristwatch – must be removed & placed in clear view on the desk once seated	

You are not allowed to borrow equipment during examinations.

General Mathematics 2

Students may bring the following equipment, as set out by the NSW Board of Studies:

- Board-approved calculator
- Pair of Compasses
- Protector
- Set squares
- A curve-drawing template (optional)

All equipment you bring may be subject to inspection on entry.

Before your examination, make sure any equipment you are allowed to bring is in good working order because an appeal under misadventure provisions for equipment failure will not be upheld.

Timetable for Preliminary Exams

	Tuesday 3 June 2014	Wednesday 4 June 2014	Thursday 5 June 2014
9:00 am - 11:00 am	St English 2 hours + 10 minutes RT	General Mathematics 2 1 hour + 5 minutes RT	Senior Science 1 ½ hour + 5 minutes RT OR Geography 1 ½ hour + 5 minutes RT OR Food Technology 2 hours + 5 minutes RT
LUNCH			
11:40 am - 12:40 pm	Aboriginal Studies 1 ½ hour + 5 minutes RT	Ancient History 1 hour + 5 minutes RT OR PDHPE 1 ½ hour + 5 minutes RT	
LATE BREAK			

Certificate II in Beauty Therapy

The students have been learning about the Work Health and Safety requirements and staffing concerns when working in a beauty salon. They had assessment practicals on the process of applying camouflage makeup to cover birthmarks or tattoos for example. Students have learnt how to apply false eyelashes and makeup for a variety of functions.

Mrs Belinda Brosnan
Careers Advisor



Athletics Carnival 2014

This year's Athletics Carnival will take place on 30 May, 2014 at Mungindi Town Oval.

There will be Canteen facilities available.

Please bring your families to come along and support our students and help out with running the event.

PRIMARY SPORTS DAY

Primary Sports Day is every Thursday.

Please ensure that your child is dressed in their Sports Uniform on Thursdays.

Study Tips

I thought I would share some information that I read from a Careers Magazine where students asked questions about study habits.

Q. I know that people always say the brain works better in the morning, but I can only seem to get my work done at nights when the house is quiet and everyone's asleep. I find I work much quicker and efficiently late hours. Is this a bad thing? I'm still getting like 7-8 hours of sleep.

A. The thing about studying is that there aren't too many hard and fast rules about it, especially in regards to when exactly you should be studying. Each student is completely different when it comes to the hours they feel they study best, for some its in the early hours of the morning, others is as soon as they get home from school and in your case its later at night when things are a little quieter in the house. It's during these times where you think that you are most productive that you should be working! We call this your **zone of effectiveness (ZOE)**. What you want to do is plan low brain and high-brain activities around these times. For example with low-brain activities such as small homework tasks during the times outside your ZOE and complete high-brain activities such as writing and memorising your notes your study in your ZOE. Have a chat to your friends and ask them when their ZOE is. If you find that the your sleep isn't suffering you should keep doing what you're doing!

Q. How long should I study for each day and how long before a test should I begin study?

A. Thanks for the question – I know a lot of students are thinking the exact same thing at this point in time. Both of the questions you have posed can often receive the answer of 'how long is a piece of string'. We find that students often take on the assumption that they have to be studying 24/7 and chained to their desks studying. This is definitely not the case. We find that the top students in the state don't work all hours of the night, instead when they are studying they are doing the work that is going to get them the best possible marks.

We call this **working smart**. As opposed to setting a goal of studying for say 3-5 hours a night you want to be specific about what you wish to achieve during that particular time allocated to studying. For example you might say that on a particular night you want to complete 5 questions from a past paper for Maths – this could take anywhere up to 1 or 3 hours. The best plan of attack here is to sit down say on a Sunday before the week ahead and figure out when you have all of your extra curricular activities/ favourite TV shows/family dinner time and slot in everywhere around these times which you can allocate to your homework and study. You should also know that the states top students don't sit down and say I'm going to study for 3 hours straight every night – it isn't sustainable! Try and divide your work up into chunks so that when you feel your concentration is slipping you can go watch half an hour of TV or sit down and have a cup of tea with your mum – you'll find when you go to sit down at your desk again you will have more focus and be able to smash out the work more effectively!

In terms of how long before a test should you begin studying we should probably start by talking about what is the minimum amount of time you should be studying? At Elevate we recommend giving yourself a bare minimum of 3 weeks before you should start studying for a test, assessment or an exam. The reason for this is pretty simple; 3 weeks leading up to an exam requires 3 main things to check off from your preparation check list.

Continued on next page.

Study Tips

These include, finishing your notes (this is not where you will start writing them this is where you are fine-tuning and editing them), memorising them and of course putting it into practice! If you are giving yourself more than 3 weeks to prepare for a test, don't stop keep up the good work! Another great tip to ensure you don't become overwhelmed leading up to a test (usually there a number of assessments on at the same time for various subjects) is to ensure that throughout the term you are consistently writing notes and reviewing frequently so that its etching its way into your long term memory!

Q. What is the best way to remember your notes?

A. When it comes to doing well in exams, one of the most critical things to remember is that your notes, no matter how amazing they are, aren't any use to you if you can't recall the information in them to answer questions. So here are two tips that I found really useful in school.

Use a system of review when learning your notes. This is pretty simple – once you've written a page of notes, review it immediately. This means reading through everything you've written just once. It doesn't take very long (maybe 1-2 minutes for a fairly detailed page of notes). The research shows us that if you review notes immediately after writing them, there is a far higher chance (up to 80%) of being able to remember them a few weeks later. The next step is to review your notes 24 hours later. This means if you wrote them on Monday at 6pm, read through that same page of notes 6pm on Tuesday. This is a pretty simple task that only takes a few minutes, but makes it even more likely you'll be able to recall the information on your notes in an exam. Lastly, you want to review your notes monthly – which means getting them out and reading everything you've written up until that point. It's pretty common for students to think (and I was the same) 'yeah right – that's going to take ages. No thanks' – but in truth it doesn't take as long as you might think. Maybe half an hour to an hour at the end of each month. But what you'll notice is that as the year marches on and you read through your notes each month, every time you do this you'll start to get a stronger sense of what's coming on the next page. By the time you reach August, you'll pretty much know what's going to be on the next page. At this point you'll realise you won't really need your notes in front of you – you already know where the information is without needing to look at them!

Colour code information. The research shows us that our brains are amazing when it comes to linking information to different colours. This means if a sub-topic in a subject you're studying has a colour linked to it, thinking of that colour will serve as a memory aid when you're trying to recall that information in an exam. My notes in Political and Legal Studies had all the names of people I needed to remember in blue, all the dates in green, all the places in red and all the High Court cases in orange. This meant I was able to remember information far more easily when I got stuck – I just thought of the colour. It's simple, but it works really well for a lot of students. Give it a go!"

Source: Options Career Newsletter May 2014

Mrs Belinda Brosnan
Careers Advisor

Moree Zone Cross Country

Last Friday 23 May, 2014 Henry, Kydon, Shaye-Leigh, Lachlan, Jacques, Brock, Taneisha, Neitayah, Michael, Darryl and I went to Gravesend to represent Mungindi Central School at Moree Zone Cross Country.

On the way it started to rain. By the time we got to Gravesend, the ground was muddy. We went for a walk around the track so that we would know where to go. By the time we got back to the start, we had very muddy shoes!

We all tried our best and had lots of fun playing with competitors from other schools. It was good to be able to represent our school. Thankyou to Mal Hunt for driving us safely to and from Gravesend.

Stephen Prince

Year 3/4 Mungindi Central School Cross Country Representative



Careers Information

Australian Defence Force Information

Important information for Year 11 and 12 students wanting to apply to the Australian Defence Force Academy (ADFA)

Year 11 students considering applying for a place at the ADFA are encouraged to commence their applications now. To do this call 131901 or use the online tool at <http://www.defencejobs.gov.au/>. It is not too late for Year 12 students to start their application but you need to start the process as soon as possible.

Join the Australian Air Force Cadets (AAFC)

Any young Australian who is between the ages of 13 and 18 years and is physically fit enough to participate in the activities is welcome to join the AAFC. Through this organisation you will gain important life skills in leadership, self-reliance, self-confidence, self-discipline, self-respect, good communication, teamwork and citizenship. You will also have an opportunity to experience life in the Air Force. Visit <http://www.aafc.org.au/> to find out more.

University Information. Course and Institution Updates

Access Programs at CQ University (CQU)

CQU has two access programs that provide pathways to further education. These are:

Skills for Tertiary Education Preparatory Studies (STEPS) is a program that provides students with the skills they need to be successful at university. It is available at CQU campuses in Brisbane, Bundaberg, Gladstone, Mackay, Noosa and Rockhampton. For more information, see <http://www.cqu.edu.au/study/specialprograms/enabling-programs/steps>.

Tertiary Entry Program (TEP) is provided by Nulloo Yumbah (CQU's Indigenous Learning, Spirituality and Research Centre) to ensure that university studies are accessible to all Aboriginals and Torres Strait Islanders. Read more about this program at <http://www.cqu.edu.au/study/special-programs/enablingprograms/tep>.

Science

Senior Science, Biology, Chemistry, Earth and Environmental Science, Physics University of Sydney's Camden Open Day

13 June

Explore agriculture, environment, science and veterinary science.

Do hands-on workshops, hear captivating talks and meet scientists conducting cutting edge research, plus be entertained by amazing science with a talk by Dr Karl Kruszelnicki! With an expanded range of workshops and tours.

View the program and register your students at <http://sydney.edu.au/science/outreach/camdenopenday/>

Careers Information

Maths

Ernst and Young Sydney Cadetship Program

Applications open 19 May and close 18 June

Combine full time work with part-time study.

<http://www.ey.com/AU/en/Careers/Students/Your-role-here/Students---Programs#fragment-4-na>

UNE Science and Maths Booster Days

2 June and 3 June

University of New England, Armidale

Contact: +61 2 6773 2196 or acosby2@une.edu.au

<http://www.une.edu.au/about-une/academic-schools/school-of-environmental-and-rural-science/community-engagement/hsc-booster-days>

Tractor July Intake Scholarship Applications Now Open

Applications Close 14 July

Full time scholarship for Advanced Diploma of Graphic Design. Write 500 word submission on why you wish a Scholarship.

<http://www.tractor.edu.au/tractor-scholarships/>



**Friendly Faces
Helping Hands
Foundation**

Is proud to invite everyone to.....

Mungindi Community Empowerment Day

Friday 13 of June at 10.00am --- 2.30pm

Morning Tea and Lunch supplied by Friendly Faces Helping Hands Foundation and catered by students from Mungindi Central School.

A small gift will be given to all who attend.

Proudly Supported By:



Australian Government

**Cotton Research and
Development Corporation**

Please come along for a lovely relaxing day with friends with inspiring speakers to inform and educate on health services.

Cost for the day is **free.....**

Raffles, lucky door prizes and trade tables will be available.

Please help us work together to ease the struggle with health and change the world.

Please RSVP: 11 of June to 0457 175 888 for catering.

CANTEEN MENU ATHLETICS CARNIVAL 2014

BREAKFAST MENU

Egg & Bacon Burger \$ 4.00

LOLLIES

Chupa Chups \$ 0.50

Milko Sticks \$ 0.30

Red Skins \$ 0.30

Sour Strip Rainbow \$ 0.20

DRINKS

LOL \$ 2.00

Juice Popper \$ 2.00

Milk \$ 2.00

Cans of Soft Drink \$ 2.00

LUNCH MENU

Steak & Onion Sandwich \$ 4.00

Steak, Onion & Coleslaw Sandwich \$ 4.50

Sausage Sandwich \$ 2.50

Satay Chicken Kebab \$ 2.00

Small Satay Chicken Kebab \$ 1.00

Salt and Vinegar Chicken Strips \$ 1.50

Chilli Strips \$ 1.50

Hot Chips \$ 2.00

Pie \$ 4.00

Sausage Roll \$ 3.50

Volunteers are required for the Athletics Carnival Canteen Friday 30 May, 2014. If you happen to have some free time, please drop in and see if you help is required.

Please Note: Canteen will not be open Thursday 29 May, 2014. It is instead being held at the Athletics Carnival Friday 30 May, 2014

SALT Bush Tour

20 June 2014 - Boggabilla



‘SALT’ Bush Tour: regenerating women’s choices Delivering Try-a-Trade Workshops in North West NSW An invitation to young women at your school

The ‘SALT’ Bush Tour will begin in Gunnedah on 16 June 2014 and finish in Nyngan on 27 June 2014. Tour details are provided on the reverse of this flyer.

SALT (Supporting and Linking Tradeswomen) is a support network for tradeswomen, apprentices and women/girls considering a career in a trade.

A Try-A-Trade trailer along with experienced tradeswomen will talk to and demonstrate what it takes to be a tradeswoman. Young women will be familiarised with the types of tools used in various trades including carpentry and painting and decorating.

Women NSW formed a number of partnerships to increase the number of women working in male-dominated trades. Two of the partnerships with Women NSW are the Try-A-Trade trailer with SALT and the Girls In Trades ‘Ambassadors Project’ with the NSW Department of Education and Communities.

The Department of Education and Communities through Secondary Education - Senior Pathways is sponsoring SALT to run workshops in locations in the north west of NSW. This is one of a number of initiatives to support students in rural and remote areas to consider a range of possible career pathways from secondary education. This initiative also provides young women with access to career role models.

SALT works closely with local TAFE campuses.

For more information about SALT go to: <http://www.saltaustralia.org/support.html>

Find out more about Girls In Trades and other Women In Trades partnerships with Women NSW go to:
http://www.women.nsw.gov.au/women_and_work/girls_in_trades

To view videos about the Skill Women trailer here:

[SALT launch Skill Women \(Try-A-Trade\) trailer](#)

[SALT Skill Women \(Try-A-Trade\) workshop](#)

Please notify Mrs Belinda Brosnan if you are a female high school student and would be interested in attending.

CALENDAR

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

TERM 2 - 26

YR 7 - 10 EXAMS
NATIONAL SORRY
DAY
Primary & Secondary
Homework Centre

27

YR 7 - 10 EXAMS

28

YR 7 - 10 EXAMS

29

YR 7 - 10 EXAMS

30

ATHLETICS CARNIVAL

JUNE - 2

Primary & Secondary
Homework Centre

3

PRELIMINARY
EXAMS

4

POCHE DENTAL
PRELIMINARY
EXAMS

5

PRELIMINARY
EXAMS

6

9

QUEEN'S BIRTHDAY
PUBLIC HOLIDAY

10

11

P & C MEETING - 5:30

12

YR 7 & YR 9
VACCINATIONS

13

16

Primary & Secondary
Homework Centre

17

18

CERT II BEAUTY
THERAPY
MOREE ZONE
ATHLETICS
POCHE DENTAL

19

CERT II BEAUTY
THERAPY

20

CERT II BEAUTY
THERAPY

MON-THURS 26-29 MAY 2014 - YEAR 7-10 EXAMS

FRIDAY 30 MAY 2014 - ATHLETICS CARNIVAL

TUE-THURS 3 - 5 JUNE 2014 - PRELIMINARY EXAMS

MONDAY 9 JUNE 2014 - QUEENS BIRTHDAY HOLIDAY

WEDNESDAY 11 JUNE 2014 - P & C MEETING 5:30 pm



Motivation, Commitment, Success

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Mr Paul Champion

Relieving Principal

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