

MUNGINDI CENTRAL SCHOOL

Semester 1 - Term 1 - 2014

Week 1 - 5 February 2014

Newsletter

INSIDE THIS ISSUE



SWIMMING CARNIVAL	1
WE ARE A SUNBURNT COUNTRY	2
PRINCIPAL'S MESSAGE	3
P & C MASQUERADE BALL + BBQ	4
PHOTO'S	5
CALENDAR	6

UP & COMING EVENTS

4 FEBRUARY 2014 TUESDAY

- SCHOOL RESUMES FOR
STAFF

5 FEBRUARY 2014 WEDNESDAY

- SCHOOL RESUMES FOR
STUDENTS

7 FEBRUARY 2014

- SWIMMING CARNIVAL

8 MAY 2014 THURSDAY

- SCHOOL PHOTOGRAPHS

QUOTE OF THE WEEK

HAVING SOMEWHERE TO GO IS
HOME
HAVING SOMEONE TO LOVE IS
FAMILY
HAVING BOTH IS A
BLESSING

Swimming Carnival

Friday 7 February 2014

8:40 am - 12:30 pm

Students depart from

Mungindi Central School

at 8:50 am SHARP

WE ARE A SUN BURNT COUNTRY

The summer holidays bring much delight and relaxation to people all over our beautiful country. However, there are some who either ignore the warnings about sun exposure, or forget to reapply sunscreen regularly.



On a summer's day in Australia, sunburn can occur in as little as 15 minutes. All types of sunburn, whether serious or mild, can cause permanent and irreversible skin damage. This could lay the groundwork for skin cancers to develop. Further sunburn only increases your risk of skin cancer. Around 2,000 Australians die from skin cancer each year.

So what is the appropriate treatment for sun burn?

After sun exposure it is important to **cool the skin**.

A cool shower is an effective way to do this. Stay under the stream for 10-20 minutes.



Do not use soaps or sponges as these will irritate the skin. Do not use hot water.

Air dry or pat dry as rubbing a towel could pop blisters and irritate skin.

If the sun burn is extensive or the affected person is experiencing excessive pain, skin blistering, dizziness or vomiting **seek prompt medical attention**.

Apply a **burn aid gel** or spray to further cool the skin and provide pain relief. Re-apply regularly as required.



Avoid tight or abrasive clothing.

Do not apply butter to sunburnt skin.

Do not apply egg or egg yolk to sunburnt skin.

Keep out of the sun until your skin has completely healed

Apply antiseptic cream to the newly revealed skin after blisters burst or skin peels away to reduce the risk of infection.

There's no cream or lotion that will stop burnt skin from peeling off. This is part of the natural healing process. When skin is peeling resist the temptation to pick at the skin or pop blisters. Allow the dead skin sheets to detach on their own.



PRINCIPAL'S MESSAGE

Welcome to the new school year,

I look forward to working together in a true partnership with the community to ensure that Mungindi Central School provides all students with a quality education enabling them to each pursue their life dreams. I will endeavour to support all students through their educational journey and I ask for your support in ensuring that all students attend each day on time ready to complete their days learning.

This Friday our annual swimming carnival will be held at Mungindi Pool; I look forward to meeting many parents, caregivers and community members at the carnival as we support our students in this fun day of competition.

Please do not hesitate in contacting me should you wish discuss concerns or queries in regard to the education of your child. I trust that we can work together to make Mungindi Central School a great school that allows all students to experience success.

Yours sincerely,

Mr Paul Champion
Relieving Principal



Motivation, Commitment, Success



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Masquerade Ball

Mungindi Central School P & C

The Ball is planned for Saturday the 10 May, 2014. We will be sending out invites, so if you have anyone that you would like an invite sent to please drop into the pharmacy and leave the details or contact the P and C via our face book page.

We are raffling a table for the night. The prize includes 10 tickets and is valued at \$1,100.00 and will include Canapés, three course meal by Relish and music by the Moocher's. Tickets will be \$2.00 each or 3 for \$5.00 and will be drawn on the 1 March 2014.

If anyone would like tickets to sell during the holidays, ticket books can be collected from Kel's Chemist.



Find us at MCS P&C for updates and event information

P & C - CANTEEN

CATERING AT THE
MUNGINDI CENTRAL SCHOOL SWIMMING CARNIVAL

7 FEBRUARY 2014

ALL DAY BAR-B-QUE

VOLUNTEERS NEEDED PLEASE

THE MUNGINDI CENTRAL SCHOOL P & C WISH YOU ALL

MERRY CHRISTMAS & HAPPY NEW YEAR

2014 A NEW START



CALENDAR

MONTH: **February
&
March**

*Please let us know if you have dates
to put in our Newsletter.*

IDEA
FILE

Monday	Tuesday	Wednesday	Thursday	Friday
February 3	4 School Resumes For Staff	5 School Resumes For Students	6	7 SWIMMING CARNIVAL
10	11	12	13	14
17	18	19 RIDE TO SCHOOL DAY	20	21 HARMONY DAY
24	25	26	27	28 SCHOOLS CLEAN UP DAY
March 3	4	5	6	7

Friday 7 February 2014 - Swimming Carnival
Thursday 8 May 2014 - School Photographer
Saturday 10 May 2014 - Masquerade Ball

DAILY
THEMES