

Mungindi Central School

SEMESTER 2 TERM 4 2014

WEEK 7 - 18 November 2014

Year 12 Graduands



On Friday 14 November, 10 young men and women from Mungindi, Goodooga, Collarenebri and Boggabilla Central Schools celebrated their Year 12 Graduation in front of family, friends and staff from the four schools.

Morgan Mathew and Michael Williams were Mungindi Central School's Graduates and both looked stunning in their formal wear. Morgan presented a lovely speech on behalf of the 2014 cohort of students, emphasising that this moment in time is but one of many, yet one that will remain with them all forever.

Michael received the medal for Excellence in Vocational Education, and Morgan received the medal for Academic Achievement. Both are to be congratulated for their work and effort over the past two years of senior schooling, and we wish them both the very best for their futures.

Mrs Kylie Newcomen

NBSA School Administrative Manager

See Page 7 for more photos.

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UP & COMING EVENTS

-  **AUSTSWIM**
19 November 2014
-  **PRESCHOOL TRANSITION**
21 November 2014
-  **SECONDARY HOMEWORK**
24 November 2014
-  **STORM CO VISIT**
24-28 November 2014
-  **BE SELF-CARE AWARE**
25 November 2014

QUOTE OF THE WEEK

"The most practical thing in the world is common sense and common humanity."
Nancy Astor

Mungindi Central School Transition to Preschool Program

All children who wish to enrol in Mungindi Central School Preschool for 2015 are invited with their parents to attend a Transition to Preschool Program

Children need to turn 4 before 31 January 2015

This program will be held on the following

Fridays in Term 4:

17 October 2014, 24 October 2014, 31 October 2014,
7 November 2014, 14 November 2014 and 21 November, 2014

Please bring: Hat, Water Bottle and morning tea.

Children may attend from 9:00 am until 12:00 noon.

Bookings can be made at the

Mungindi Central School Administration Office

Telephone | 0267 532 207



MUNGINDI CENTRAL SCHOOL | TELEPHONE | 0267 532 207

Mungindi Central School Transition to Kindergarten

A transition to school program for children starting Kindergarten in 2015.

Week	Date	Time
2	14 October 2014	9:00 am - 11:40 am
3	21 October 2014	9:00 am - 11:40 am
4	28 October 2014	9:00 am - 11:40 am
5	4 November 2014	9:00 am - 11:40 am
6	11 November 2014	9:00 am - 11:40 am
7	18 November 2014	9:00 am - 11:40 am
8	25 November 2014	9:00 am - 11:40 am
9	2 December 2014	9:00 am - 11:40 am
10	9 December 2014	9:00 am - 11:40 am

Parent Information Meeting

Tuesday 11 November 2014

- 1:30 pm to 2:40 pm -

Where: Mungindi Central School Kinder/1 Classroom

Please bring with you:

Copies of your Child's Immunisation Record & Birth Certificate

Mungindi Central School
59-67 Wirrah Street
Mungindi NSW 2406
Phone: 0267 532 207



Buy Nothing Day 29 November 2014

The annual Buy Nothing Day is on Saturday 29 November 2014. This day is to combat excessive spending and waste. Stage 4 have been making posters for this as an introduction of their 'Living With Trash' unit.

Miss Tanya Ogg

Secondary Visual Arts Class Teacher

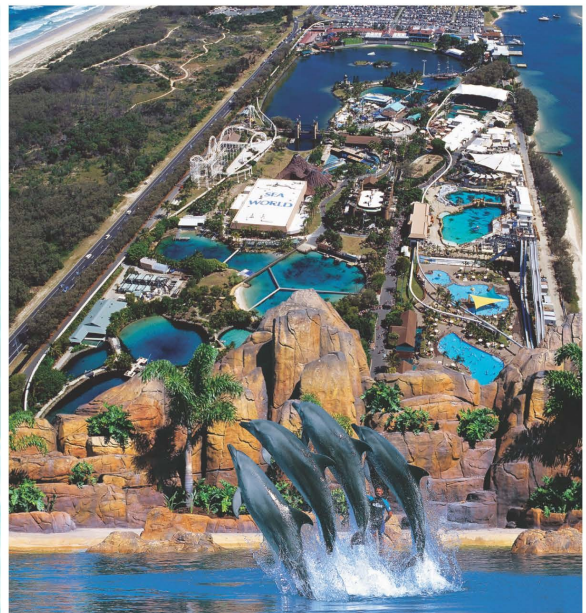


Little Athletics Parent Training Day

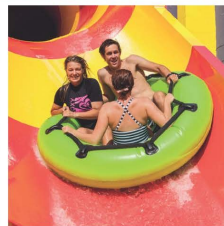
Would you like to teach Mungindi children all about Athletics? Two Parent Trainers from Little Athletics New South Wales will be in Mungindi on Sunday 7 December 2014 to provide training to parents who would like to be involved. The day will start at 8:00 am at Mungindi Town Oval. Please feel free to come along and participate. For more information please contact Mr Garry Hall on 02 6753 2327.



P & C Raffle



Raffle Fundraiser
GOLD COAST HOLIDAY



**Prize
is for 2
Adults,
2 Children*
& includes:**

- Virgin Australia Airfare voucher for **N/A**
- Stay **4** nights at the World Famous 4½★
Sea World Resort & Water Park in a Resort Room
- With Entry to:

	• Sea World	Unlimited	day(s)
	• Warner Bros. Movie World	Unlimited	day(s)
	• Wet'n'Wild Water World	Unlimited	day(s)
	• Caltex Star Cash Card	\$200.00	
	• With a Food and Beverage Credit for Sea World Resort & Water Park	\$200.00	

**Tickets are
only \$2.00 ea**

Ticket sales close:

17 December 2014

Prize drawn:

**17 December 2014
MCS Presentation Night**

Return tickets/monies by:

5 December 2014

Return tickets/monies to:

MCS Office

Group:

Mungindi Central School Parents & Community Association

Terms and Conditions: A certificate for the accommodation and theme parks will be issued to the winner. The certificate must be presented on arrival. A separate Virgin Australia certificate or Caltex Star Cash Card will be issued to the winner, if applicable. The holiday/theme park certificates, the Virgin Australia certificate and the Caltex Star Cash Card are valid for use for up to 12 months from their issue date. The accommodation component includes room accommodation only. Unless stated, the prize does not include airfares, meals, transport, activities or transfers. Accommodation is subject to availability. The holiday can be used over the Australian School Holidays for a small surcharge of \$40 per night for Shoulder Season or \$100 per night for High Season. It cannot be used during special events. It cannot be transferred or redeemed for cash and must be taken intact. * Child age for Theme Park tickets is 3-13 years (14+ years require adult tickets). We or BLC International Pty Ltd do not accept any liability of whatever nature, whether in contract, tort or otherwise, for the acts, omissions or default, whether negligent or otherwise, of third party providers over whom we have no direct control. Under circumstances where liability cannot be excluded, such liability is limited to the value of the purchased travel arrangements. We do not accept any liability in contract, tort or otherwise for any injury, damage, loss (including consequential loss), delay, additional expense or inconvenience caused directly or indirectly by force majeure or any other event which is beyond our control which is not preventable by reasonable diligence on our part.

Stage 4 Technology

The Stage 4 Technology (Mandatory) Students have been working on three design projects towards their chosen Virtual Café in the last fourteen weeks. The projects included a Table Menu, Business Card for the Café and a Signature dish reflective of the Cafe. They all did a fantastic job on the projects. On Friday they cooked their signature dishes and they were all scrumptious. The creation of dishes ranged from Steak with Herbed potato with two way cream sauce to a Sponge cake. I must congratulate all students for their creative effort!

Ms L'Amour Gina-Whewell

Stage 4 Technology Class Teacher



Book Review

Title: Parvana

Author: Deborah Ellis

Publisher: Allen & Unwin

For ages: 11-15 years

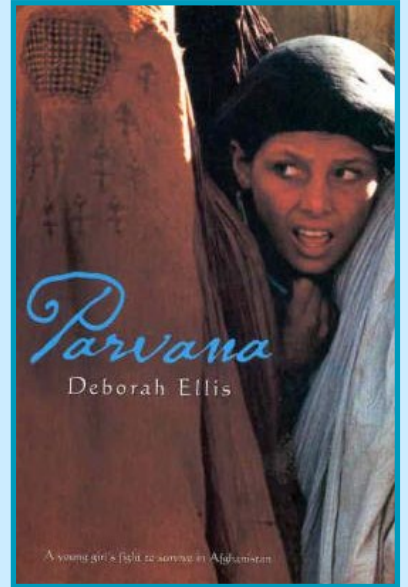
Parvana and her family live in very harsh times. In Afghanistan, the Taliban have taken over and established a new government. Life is very hard for girls and women such as Parvana who have to cover their faces and must be accompanied by a man when they are out. When Parvana's father is arrested by the Taliban, she had no choice but to dress up as a boy and earn money to support her family. By doing so she risks her life in a dangerous city. Will she get away with it or will someone discover her secret?

Under the Taliban rule, women have suffered through great turmoil in the past three decades. They have struggled to gain freedom as their society is male dominated where they are forbidden to seek opportunities. This inspiring story is based on similar experiences that many have faced in Afghanistan. Deborah Ellis has travelled to Afghan refugee camps and heard many heartbreaking and true stories similar to Parvana's. This book can truly be an inspiration to young women who will admire Parvana for her immense courage in a time of fear and danger.

Also look out for *Parvana's Journey* and where Parvana faces a new challenge to find her family.

Stage 4 is currently studying *Parvana* as part of their Asian Connections for English. They are looking at young people across the world and how they live.

Taken from: <http://gcbooks.wordpress.com/2013/06/27/parvana-deborah-ellis/>



T20 Cricket

On Tuesday Mungindi Central School was very lucky to have Shawn, a T20 Cricket instructor come out to impart his knowledge. The students had a fantastic time developing a love of cricket and learning some skills on the way. All students were catered for from Preschool to Stage 4. A big thank you to all students and Shawn for making it a fantastic experience.

Miss Abby White

Primary Sports Coordinator



BE SELF-CARE AWARE

Paws... and take a moment
for yourself today!

Tuesday 25 November 2014

Mungindi Central School, 59 - 67 Wirrah Street
Mungindi NSW

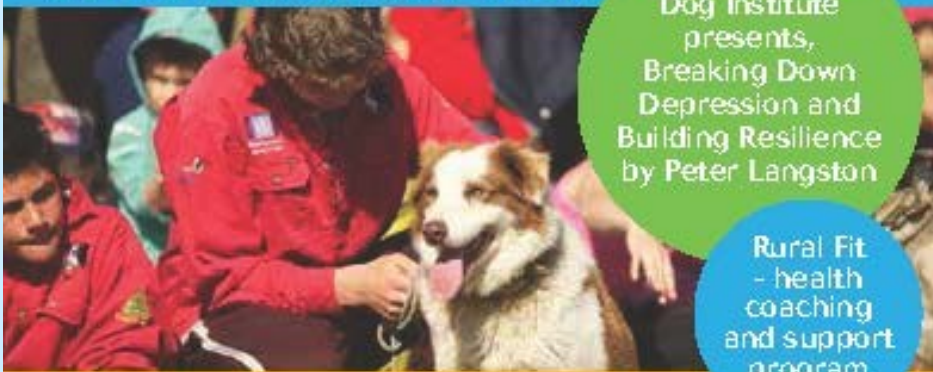
3.30pm to 6.30pm



Free community event

The Black
Dog Institute
presents,
Breaking Down
Depression and
Building Resilience
by Peter Langston

Rural Fit
- health
coaching
and support
program



**Dog Show by PawsUP • Food
Photo Booth • Kids Activity Area • Raffle**

1st PRIZE Win BackTrack services
to work on your
property for a day

Take some time out and have a skilled team
assist you with animal handling and general
farm work on your property for the day for free

2nd PRIZE Win 3 months
membership to
the Rural Fit, Farm
Fit Wellness Program

Receive free professional assistance and
support in enhancing your health and
wellbeing

This event forms part of the Australian Government's drought assistance package.



BackTrack

Would you like to be involved?

Please contact the Drought Assistance Officer,
Kayeleen Brown on kayeleenb@carersnsw.org.au
or 04 47 47 11 77



You're Invited

In February 2014, the Federal Government announced a range of drought assistance funding measures and pledged \$10.7 million to drought declared areas to specifically increase social and mental health services to affected regions across Eastern Australia. This funding provides access to free events and professional help; including one on one counselling, family support services and referrals for affected farmers, farming families and rural communities.

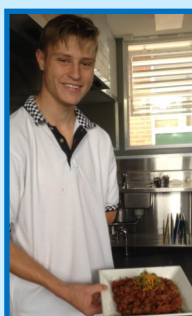
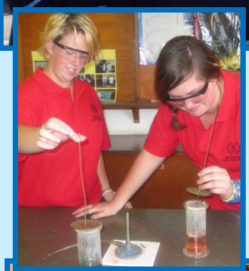
Carers NSW is delivering a wide variety of free community events from September to December 2014 across ten Local Government Areas (LGAs). Events will be held in the LGAs of Armidale Dumaresq, Glen Innes Severn, Guyra, Gwydir, Moree Plains, Narrabri, Tamworth Regional, Tenterfield, Uralla, Walcha and their surrounding villages.

To deliver these events, Carers NSW has partnered with The Ascent Group, Anglicare Northern Inland, Centacare New England North West, Schizophrenia Fellowship of NSW, Challenge and RichmondPRA.

Mungindi will hold its event Tuesday 25 November 2014 from 3:30 pm to 6:30 pm at Mungindi Central School.

Activities will include the PawsUp Dog Show by Back Track, Introduction and Presentations by Carers NSW/Rural Fit and Service Providers, Black Dog Institute Peter Langston Presentation, a Kids Activity Area hosted by Carers NSW or other services, free BBQ by Mungindi Central School and Raffle supported by Backtrack Services, Rural Fit and Coles Myer.

More Photos of MCS Year 12 Graduates



APP of the Week

Tiny Countries

Price: \$4.99



\$5.51



Overview

Help Tiny the chicken save the world by defeating Dr. Evil and his agents as they attempt to move the continents into the shape of a rooster. Tiny is an expert in geography and must use his expertise to help locate Dr. Evil's agents by decoding messages that lead to their location. In Tiny Countries, players help Tiny answer geography questions to assist him on his mission to defeat Dr. Evil and to save the world while learning fun facts about the countries they encounter along the way.

Features include:

- 75 countries in 6 continents
- 15 missions to unlock and master
- Mission profiles to learn about countries, capitals, and other interesting facts
- Easy to use interface



Tiny Countries has an animated comic book feel to it with vibrant colours, unique characters, animation, and audio that make this one of the better quality apps I have seen. The application moves seamlessly from one page to the next as Tiny the chicken chases after Dr. Evil's agents to save the world. With each new mission players have the opportunity to review the mission file in order to gain insightful information that will allow them to successfully follow and locate the agents around the world.

Once players begin a new mission, they must correctly answer a series of questions regarding items such as the capital of a country, bordering countries, or specific monuments within a given country that helps Tiny to hop from one country to the next. Answer the question incorrectly and Tiny falls into the ocean and after 3 wrong answers, players must start the mission over. Complete all 15 missions and players help Tiny save the world.

This application is very well executed as it takes a seemingly dull and sometimes difficult to learn topic and turns it into a mission-filled game for players that ultimately makes learning fun. And with high quality audio, visual, and learning components, both parents and children can appreciate the benefits of this well-planned, excellently executed application.

Tiny Countries is a great way for children to improve their geography skills. Not only will they learn 75 countries in 6 continents, but they will also learn to recognise specific countries based on their shape, identify capitals, flags, and famous monuments within each country, as well as learn their currency and neighbouring countries. In addition to the vast amount of information available to learn, children get the benefit of repetition that increases the likelihood that they will remember the information they have learned.

One thing to note with this app is that while players are exposed to 75 countries in 6 continents, there are many countries not included. This may be an issue for children that need to know all countries within a particular continent for their geography studies. With that said, there is still a vast amount of information included and presented in an exciting way that will most definitely improve geography skills, particularly for visual learners.

Tiny the chicken is on an adventure filled mission to save the world and players get to join in on this adventure as they answer geography questions along the way. While the primary function of this application is education based, it really is an innovative way to learn. While the missions are fun for the first few continents, they can be a little predictable. It would be nice to have a bit more variety in the way the games are played as the missions advance further to enhance the entertainment value of this application.

The price is a bit more than I would normally pay for an app, but considering the high quality audio and visual components as well as the vast amount of information that children can learn, it is a good value. For just under \$5, children can enhance their geography knowledge and potentially improve their grades too and that in and of itself makes up for the higher price.

Tiny Countries has an easy-to-use interface that makes it ideal for school age children, but might be too advanced for Pre-K users. It also allows for multiple child profiles to be set up so each child can play through their profile and not lose their progress, which is an added bonus for parents with multiple children. Overall the missions are easy to follow and pretty self-explanatory so it is unlikely children will get stuck in any one area. There are also no social media links, in app purchases, or any advertisements that parents need to worry about.

Taken from: <http://bestappsforkids.com>

Good for Kids good for life

Lunchbox snack foods

Children need to eat a range of different foods to provide nutrients to meet their growth and energy needs. Young children also have smaller stomachs than adults so they need to eat every few hours to keep up their energy levels.

Snacks based on fruits and vegetables, reduced fat dairy products and wholegrains are the best choices.

Everyday	Sometimes
Fruit loaf/raisin toast Plain popcorn Plain or fruit yoghurt Cheese and crackers Fresh fruit or canned fruit in natural fruit juice Dried fruit and cheese cubes Wholemeal biscuits or crackers Vegetable sticks and dip or salsa Corn or rice cakes with or without spreads Bite sized vegetables e.g. cherry tomatoes, cucumber etc.	Muesli bars or dried fruit bars Fruit straps/sticks Potato crisps and corn chips Lollies and confectionary Dairy desserts Chocolate Cordial Soft drinks

Reference:

Adapted from South Eastern Sydney Illawarra Health school newsletters distributed to schools as part of the Live Life Well @ School program.



PHONE 1300 657 197

CANTEEN MENU 2014 WEEK 7

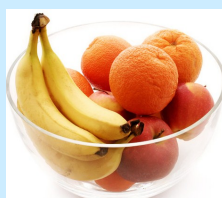
STANDARD MENU

Pie	\$4.00
Sausage Roll	\$3.50
Pizza	\$4.00
Salad Bowl	\$3.50
Chicken	
Sandwich	\$3.50
Chicken & Salad	
Chicken Nuggets (each)	\$0.50

FIXED PRICE PACK

\$ 8.00

Chicken & Salad Bowl



OR



DRINKS & EXTRAS

Water	\$2.00
LOL	\$2.50
Juice Popper	\$2.50
Milk	\$2.50
Frozen Yoghurt	\$2.00
Paddle Pop	\$2.50
(Rainbow, Choc, Banana)	
Small Packet Chips	\$1.00
1 Piece of Fruit	\$1.00
Popcorn	\$1.00
Jelly or Fruit Cup	\$1.00

Centrelink Mobile Service Centre

Australian Government Mobile Service Centres travel to rural and regional locations. The Mobile Service Centres provide an opportunity for personalised service to community members who may not have easy access to a Department of Human Services office. Staff who travel with the Service Centres can assist with a range of Program services such as Centrelink, Child Support, Medicare and Australian Hearing. A unique feature is the Australian Hearing touch screen that enables customers to perform hearing assessments.

A **Social Worker & Indigenous Services Officer** will also be available.

The Mobile Service Centres are equipped with:

- a soundproof interview room
- a soundproof Australian Hearing testing room
- service/assistance desks
- a waiting area
- a publication display area
- self-service computer access
- LCD display screens
- disabled access
- wireless IT connectivity for greater servicing flexibility.

For more information on Australian Government Mobile Service Centres, visit the Department of Human Services website.

<http://www.humanservices.gov.au/customer/services/centrelink/mobile-service-centres>

Australian Government
Mobile Service Centre
Assistance



medicare
child support

The Australian Government Mobile Service Centre is supporting rural communities by providing convenient access to Australian Government payments and services. This specialised vehicle

offers a wide range of face to face and self service assistance for rural families, older Australians, students, job seekers, people with disability, carers, farmers and self-employed people.

You can visit the Mobile Service Centre:

In front of the RTC, St George Street

MUNGINDI

15 December 2014

11 am to 2.30 pm

Experienced specialist staff travel with the Mobile Service Centre and provide friendly, face-to-face service, information and support. Our staff can assist you with Centrelink, Medicare, Australian Hearing and Child Support payment and service options. They are specialists in rural servicing and live and work in the communities they serve. If the assistance you're after is not available, arrangements will be made for someone from the relevant organisation to contact you.

For more information, go to humanservices.gov.au and search for Mobile Service Centre or call 132 316.



Australian Government
Department of Human Services

Austswim

Primary students will commence their second day of Austswim instruction on Wednesday 19 November 2014. Please ensure that you have returned a signed permission note for your child to attend.

Also, make sure that your child packs their swimsuit, towel, sunshirt, water bottle, hat and sunscreen.



No Hat No Play Policy

Please ensure that you send your child to school with a hat. It is Mungindi Central School Policy that all student must wear a hat, preferably a wide brim or bucket hat, to participate in outdoor activities. Hats are available for purchase from the Administration Office.

If you require more information, please phone the Administration Office on 02 6753 2207.



Eggs for Sale

Mungindi Central School has been collecting eggs from the flock of hens on campus. There is currently a surplus. If you would like to buy a dozen or two please see the staff at Mungindi Central School Administration Office.



Principal's Message

Welcome back to Week 7 Term 4. Once again we are in the midst of activity central. Our Year 12 students have joined in with their NBSA classmates to celebrate the high point of their school careers. In a gala style event in Moree at the Max Centre, last Friday they were all at their sartorial best. The young ladies were outstanding and the young men quite regal. Much of the commentary was based on how much each of them had changed since they started their schooling at the various schools. The photo's proved this in no uncertain terms. All the speakers were very focused on opportunities and achievements that had been gained to this point in their lives. The most important aspect was that this is just a milestone in their journey to adulthood and their future aspirations. Having reached this point the map to the future was now at their beck and call with the only restrictions being ones they place on themselves. I hope we all enjoy the many photos of the night showing the nature of the relationships they have built in their time at their various schools.

Our Kindergarten / Year 1 class were all excitedly loaded onto the bus for their end of year excursion to Moree and the many places of interest within their community. For some of our students this will be quite a new style of adventure. The Library activity and the tour will give them all a new insight into just how many things there are to be enjoyed. Quite obviously the pool will be the major highlight for the vast majority for our kids. With the lunch at Café Gali another memorable moment.

The Preschool has been a part of the assessment and rating process last week. We were very fortunate to have had Tracey Gordon from Lismore doing this role. Her comments were quite supportive of the work that has been achieved in the last few terms. We still await the draft copy of her report with a level of anticipation. But fully aware that our journey will continue into the future as we make the most of our Preschool centre and continue on our improvement cycle with the support of parents and the wider community.

Can I again encourage all parents and community to support the P & C Association end of year raffle. Quite apart from the fantastic prizes that would be enough to entice almost everyone, this is their last fund raiser for the year. In order to provide the best outcomes for our students the P & C support our children with funds for excursions and other activities. So let's all get in and do the very best for our students and help the P & C in their major function for the school.

Due to some late changes in the timetable of events next week see's Stormco visit the town and the school once again. There is already quite an imposing list of tasks for them to take on. It would be a fantastic opportunity to help them help the school and students. Let's all get in and make these things happen.

Our transitions continue with increased enthusiasm from all participants. They are proving to be quite the highlight of the school for all students involved. Especially the Year 6 students who are moving from the Primary area to the largely unknown sphere of the Secondary, where you have different teachers for subjects and take on a number of practical experiences. If you visit the front office there are photos of our kids in action having a great time learning and doing new activities.

All the best.

Mr Erich Riesinger

Principal

CALENDAR

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

TERM 4- NOV 17
SECONDARY
HOMEWORK CENTRE

18
KINDERGARTEN AND
YEAR 1 TRIP TO MOREE

19
AUSTSWIM - PRIMARY

20

21
PRESCHOOL
TRANSITION

24
SECONDARY
HOMEWORK CENTRE
STORM CO VISIT

25
KINDERGARTEN
TRANSITION
STORM CO VISIT
BE SELF-CARE AWARE

26
AUSTSWIM - PRIMARY
STORM CO VISIT

27
STORM CO VISIT

28
STORM CO VISIT

DECEMBER 1
SECONDARY
HOMEWORK CENTRE
YEAR 3-6 CASCADE

2
KINDERGARTEN
TRANSITION
YEAR 3-6 CASCADE

3
AUSTSWIM - PRIMARY
YEAR 3-6 CASCADE

4
YEAR 3-6 CASCADE

5
RETURN RAFFLE
TICKETS TO SCHOOL
YEAR 3-6 CASCADE

8
SECONDARY
HOMEWORK CENTRE

9
PRESENTATION NIGHT

10
AUSTSWIM - PRIMARY

11

12

WEDNESDAY

19 NOVEMBER 2014 - AUSTSWIM - PRIMARY

FRIDAY

21 NOVEMBER 2014 - PRESCHOOL TRANSITION

MONDAY

24 NOVEMBER 2014 - SECONDARY HOMEWORK CENTRE

MON-FRI 24-28 NOVEMBER 2014 - STORM CO VISIT

TUESDAY

25 NOVEMBER 2014 - BE SELF-CARE AWARE



Motivation, Commitment, Success

Mungindi Central School

59-67 Wirrah Street

MUNGINDI NSW 2406

Mr Erich Riesinger

Principal

Phone 0267 532 207

Fax 0267 532 346

Email mungindi-c.school@det.nsw.edu.au

Website www.mungindi-c.schools.nsw.edu.au