

MUNGINDI CENTRAL SCHOOL

Semester 2 - Term 4 - 2013

Week 6 - 12 November 2013

Newsletter Secondary

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UP & COMING EVENTS

14 NOVEMBER

- BUSH GARDEN DAY & BBQ

18 NOVEMBER

TO

22 NOVEMBER

STORMCO

16 DECEMBER

- PRESENTATION NIGHT

FRESH FROM THE GARDEN TO THE KITCHEN

The Stage 5 Food Technology Students and Stage 6 Hospitality students have been harvesting fresh vegetables from the School Garden in the last three weeks. The vegetables include spinach, silver beet, carrots, cauliflower, beetroot, rocket, lettuce and a variety of herbs like parsley, mint, basil, and coriander. These vegetables have been used in salads, dips, fish stews, stir fries, drinks and as part of some finger food! One particular dish which was new to a few students was the Spanakopita (a Greek dish of spinach and feta cheese wrapped in filo pastry in a triangular shape). The students although reluctant to eat some vegetables, tried and loved them!! **Remember vegetables are good for your growing bodies!**

STUDENT IDENTIFICATION CARD

The Secondary students will be issued with an Identification Card, (ID), tomorrow. The ID card contains the photo of the student, ID number; date of birth; address and for senior students their Board of Studies number. Should students lose their card they will have to pay \$5.00 at the School Administration Office in order to obtain a new one.



Mrs L'Amour Gina-Whewell
Head Teacher Secondary Studies

Sock Puppets at Preschool

Sloane brought in a sock puppet that she had made at home. Some of the preschool children wanted to make one too. We used our Smart board to look up the instructions on the internet. We found some very good YouTube sites that gave good instructions and listed what we would need to make our puppets.

We found most of the things we needed in our storeroom, but, we did need socks. The children who wanted to make puppets brought the socks to school the next day, Miss Cutcliffe found some old socks in her drawers.

The children chose their items and then Aunty Rachel helped with the glue gun, only the teachers use this as it can be very hot.

Shakira loved the googly eyes, Shakeita, Dakota and Annie liked the crazy hair. Ardie enjoyed making his sock puppet. Ed was away, but he still wants to make a sock puppet. We had a lot of fun.

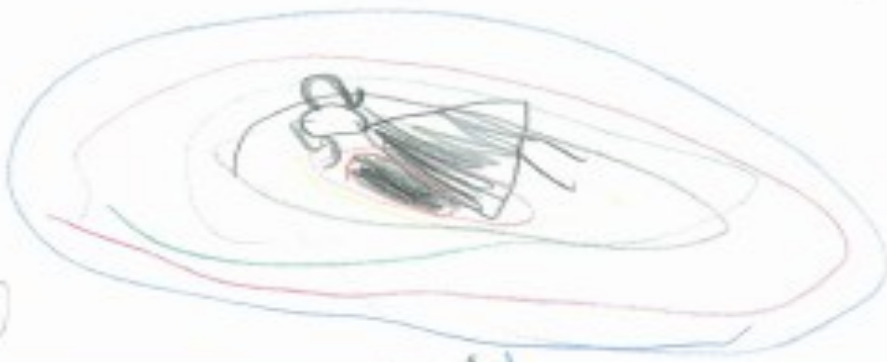


Miss Jennifer & Miss Natalie
Preschool

KINDER/1 CLASSROOM

We played a listening
game that was really
fun but also difficult

✓ Am 31/10



y y y y y y y y y

Y Y Y Y Y Y Y Y

y y y y y y y y y



Very neat work Am 31/10

PaCE INVITATION



Dear Parents, Caregivers, Teachers, Students
and Community Members,

You are invited to attend Mungindi Central School's
Bush Food's Garden Day & Bar-B-Que

When: Thursday 14 November, 2013

1:00 pm Bar-B-Que

Where: PaCE Garden

RSVP: Wednesday 18 November, 2013

Please detach the bottom of the invitation and return to
Mungindi Central School.

If you have any queries, please don't hesitate to call the school on (02) 6753 2207.

I/we accept your invitation to attend the Bush Food's Garden Day and Bar-B-Que on Thursday 14 November, 2013 at 1:00 pm at the PaCE Garden.

Names: _____

Phone: _____

STORMCO PROGRAM

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	7:45am – Breakfast program For school-age children	7:45am – Breakfast program For school-age children	7:45am - Breakfast program For school-age children	7:45am - Breakfast program For school-age children	7:45am – Breakfast program For school-age children
	9:00-12:00am: BAC team community service	9:00-12:00am: BAC team community service	9:00-12:00am: BAC team community service	9:00-12:00am: BAC team community service	9am – Farewell
	3:00-5pm: swimming pool pontoon and footy	3:00 - 5pm: Afternoon activity: Kids' Club at the Community Hall – Craft, games	3:00-4:30pm: Swimming pool pontoon and footy	3:00-5pm: Swimming pool pontoon and footy	
Stormco team arrives in Mungindi		7:00-8:30 Community Games Night in Community Hall All welcome	5pm – sunset: games & sausage sizzle: all age groups Sunset – 9ish: movie for high school students only	7:00-8:30 Community Games Night in Community Hall All welcome	

Stormco is coming back!! November 17 to 22.

Venue for breakfast and evening activities will be the Community Hall

All times are NSW time. There will be no charges.

PRINCIPAL'S MESSAGE

Welcome to Week Six.

This week the school will be working with Catriona MacCallum on the Bush Garden Project. Many of you would have met Catriona during the Mark Olive visit earlier this term. I invite all community members to the school on Thursday afternoon to discuss the planning of our bush garden; we will host BBQ from 1.30.

I will be attending a Principals Conference in Moree this Wednesday; the focus of the meeting will be the planned changes to school classifications which will likely have an impact on our school. I will provide further details about any proposed changes in coming weeks.

Secondary students have now completed their Yearly Examinations; some of the results demonstrate a sound commitment to learning and thorough preparation, however some student's results indicate that they have not achieved key aspects of the learning. I encourage all parents/caregivers to ensure that their children attend school each day, well rested and prepared for their days learning. Students who are absent from school or consistently late to school are missing vital learning time which is limiting their academic achievement. Below is a summary of the impact of missing a school day, as you can see 1 missed day can add up to a significant amount of missed schooling.

Miss 1 day of school a week

= 1 full term missed a year

= 1 ½ years missed from Kindergarten to Year 6

= 2 ¾ years missed from Kindergarten to Year 12

Wishing You A Wonderful Week Six.

Mr P Champion
Relieving Principal

Vaccinations
Year 7 - 15 November 2013
Motivation, Commitment, Success



Mungindi Central School
59-67 Wirrah Street
MUNGINDI NSW 2406
Mr Paul Champion
Relieving Principal

Phone 0267 532 207
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Email mungindi-c.school@det.nsw.edu.au
Website www.mungindi-c.schools.nsw.edu.au

HEALTH

Impetigo (School Sores)

Time from exposure to illness
1 to 3 days.

Symptoms

Small red spots change into blisters that fill up with pus and become crusted; usually on the face, hands or scalp.



Do I need to keep my child home?

Yes, until antibiotic treatment starts. Sores should be covered with watertight dressings.

How can I prevent spread?

Careful hand washing.

Gastroenteritis

Time from exposure to illness

Depends on the cause: several hours to several days.

Symptoms

A combination of frequent loose or watery stools, vomiting, fever, stomach cramps, headaches.



Do I need to keep my child home?

Yes, at least for 24 hours after diarrhoea stops.

How can I prevent spread?

Careful hand washing with soap and water after using the toilet or handling nappies and before touching food.

Head Lice

Time from infestation to eggs hatching

Usually 7 to 10 days.

Symptoms

Itchy scalp, white specks stuck near the base of the hairs; lice may be found on the scalp.

Do I need to keep my child home?

No, as long as head lice management is ongoing.

How can I prevent spread?

Family, friends and classroom contacts should be examined and treated if infested. Clothing and bedding should be washed in hot water.

Living in your hair

Head lice - parasitic insects that can cause itching, irritability and sores caused by scratching - have a three-stage life cycle.



- 1 Nit**
Tiny eggs are laid at base of hair shaft and are often confused with dandruff.
- 2 Nymph**
Nits hatch into baby insects and become reddish-brown after feeding on human blood.
- 3 Adult**
Adults rely on blood to live. Females can lay up to 100 eggs.



Getting them

- Head lice are transmitted through contact of the head or hair of the infested individual.
- Can be passed through clothing or personal items, such as hair brushes.

Treatment

- Wash clothing and bedding of infested person.
- Over-the-counter and prescription medications.
- Manually remove bugs and nits with nit comb.

Sources: U.S. Centers for Disease Control and Prevention, Headlice.org

McClatchy-Tribune

Remember to wash your hands



• Don't spread germs.



• Cover your cough.



• Wash your hands often.

CALENDAR

MONTH: **October & November**

Please let us know if you have dates to put in our Newsletter.

IDEA
FILE

Monday	Tuesday	Wednesday	Thursday	Friday
11 Remembrance Day	12 ESSA	13 P & C Meeting 5:15 pm	14 *Year 7 Transition *PaCE YR 3-6 2PM *Bush garden work & BBQ	15 Bush Garden Work
18 STORMCO STEWART HOUSE EXCURSION	19 STORMCO STEWART HOUSE EXCURSION	20 STORMCO STEWART HOUSE EXCURSION	21 PaCE YR K-1 2PM STORMCO STEWART HOUSE EXCURSION	22 STORMCO STEWART HOUSE EXCURSION
25 YR 10 WORK EXPERIENCE HOSPITALITY W-PL STEWART HOUSE EXCURSION	26 YR 10 WORK EXPERIENCE HOSPITALITY W-PL STEWART HOUSE EXCURSION	27 YR 10 WORK EXPERIENCE HOSPITALITY W-PL STEWART HOUSE EXCURSION	28 PaCE YR 1-2 2PM YR 10 WORK EXPERIENCE HOSPITALITY W-PL STEWART HOUSE EXCURSION	29 YR 10 WORK EXPERIENCE HOSPITALITY W-PL STEWART HOUSE EXCURSION
December 2	3	4	5 PaCE YR 3-6 2PM	6
9	10	11	12 PaCE YR K-1 2PM	13

Monday 16 December 2013 - Presentation Night

DAILY
THEMES