

Mungindi Central School Newsletter

Term 1 Week 6 • 2024

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Listen Up Fashionistas!!

Here is an update on WH&S regarding footwear.

Education and looking sharp are important, but so is the health and safety of our feet. School grounds are no place for any shoe that is not completely closed in. **That includes crocs, slides, sandals, thongs.**

These kind of shoes increase the risk of injury in many settings throughout the school. There are chemicals and intruments used in the Science Lab that, if dropped, could sustain a serious injury. There are hot foods and liquids as well as sharp and heavy objects in use in the hospitality and cooking rooms that will also cause injury if dropped. They are also unsupportive and create a tripping hazard during sport and play.

Please make a safe footwear choice.

Stage 5 Immersion Experience

Last Friday, Stage 5 students attended the Educational Pathways Program, Immersion Experience, held at Cleveland Agriculture, Mungindi. The students were given the opportunity to explore the many career options that are on their doorstep. They tagged and processed the data for newly arrived cattle, graded wheat and helped with the irrigation systems. After a lovely morning tea, the students eagerly climbed aboard the various tractors and other farm machinery. Students were engaged with the various career stories which were shared by people from all over the world, inspiring our students to reflect on their own paths. I would like to thank Tim Wykes and Melanie Bradley from EPP for organising the event and the lovely staff at Cleveland Agriculture for hosting the day.

Ms Sonia Page
Secondary Teacher





Facts about Sugar-sweetened drinks

- Sugar-sweetened drinks are non-milk drinks with any type and any amount of sugar added to them.
- Sugar-sweetened ice blocks and jellies are classified as Sugar-sweetened drinks because they are sweetened liquids that have been either frozen or set.
- If a drink contains an added source of sugar it is listed in the ingredients list on the product label.

Common types of added sugar include:

sucrose (usually listed as sugar or cane sugar), glucose, glucose syrup, fructose, honey, fruit juice concentrate and deionised fruit juice concentrate.

No Soft-Drinks or Slushies allowed on Mungindi Central School grounds.

Examples of Sugar-sweetened drinks

- · Soft drinks
- · Flavoured waters (sparkling or still)
- Vitamin waters
- · Energy drinks
- · Sports drinks
- Iced teas
- Fruit drinks (less than 99% juice)
- Cordial
- Slushies (with less than 99% juice)
- · Coconut water (plain or flavoured)
- Ice-blocks (with less than 99% fruit juice)
- Jelly

Diet drinks and no-sugar drinks containing natural and artificial sweeteners (e.g. aspartame and stevia) are classified as **Occasional** drinks. Diet energy drinks should not be sold in school canteens.

ISSUE 2 OF SCHOLASTIC
BOOK CLUB IS OUT NOW.
MAKE SURE YOU GET YOUR
ORDERS IN BY THURSDAY
28TH MARCH, 2024. ORDERS
CAN BE DONE USING THE LOOP
APP OR ONLINE AT HTTPS://
MYBOOKCLUBS.SCHOLASTIC.
COM.AU/PARENT/LOGIN.ASPX



Stage 4/5 English

Students read a story called The Darkness and were given the task of writing a prequel to the story, that explained where Jacob's dad is. This story alludes to many aspects that were in the original story and provides further context for Jacob's story.

Prequel to the Darkness concerning the Dad. (by Jamie)

Andrew had just finished up in his classroom when he decided to head off home for a well-earned rest for the night. Today his Biography class went well, apart from the minor issues with the power both in the morning and afternoon.

He had started walking home when he saw something in the corner of his eye. He recoiled just in time to see what it was.

'that's strange...' he had thought to himself as he watched a slither of darkness seep through the pathway as he made his way up the stairs to the house. Somehow that patch seemed darker than the rest... as if it were somehow... empty. He though he must just be seeing things. Afterall, it was a late night, and it could just be his imagination.

Andrew walked into the house quietly and kissed his – nearly 5-year-old son on his head as a late goodnight. Jacob was his name. He was a brave kid 'Not scared to take on a challenge in class,' said his teacher one time. It was his birthday in only a week. Andrew had wrapped an X-wing fighter as a gift for him. Knowing that he'd not be there to see Jacob unwrap his birthday present as he would be away in Artwork by Emily

Mexico teaching kids there for a few months. He couldn't turn down the amazing offer, even thought it had meant not

As he climbed into bed, he saw the thick, black slither of darkness once again. This time it was seeping across the floorboards coming closer and closer to the bed on which he lay. This time, he was definitely not imagining it. He decided to go take a closer look. He wriggled out of bed and onto the cold floorboards below, walked up to the void - looking darkness, and reaching out to touch it. It was cold and thick. It sort of reminded him of the slime he had made as a kid. He thought he had heard a deep humming noise before when he approached it, but now there was just silence. Soon, everything had gone dark and there was this pulling sensation. Andrew tried to pull his hand up, but he couldn't. He tried to scream, but nothing came out of his mouth. Soon enough, he was gone. The darkness was gone too – like the Andrew and the void didn't exist anymore, wiped off the face of the earth and completely forgotten about... until next time...

Miss Meredith Kiss **Secondary Teacher**

seeing family for a while.

STUDENT PHONE



FREE ZONE

We need your support.

Student use of phones at school during school hours will be banned in all NSW public schools from Day 1, Term 4, 2023.

Students are being encouraged to practice these rules now to allow for a successful transition in Term 4 to avoid disciplinary action being undertaken.

Please, should you wish to contact your child from now on, please contact the school front office on 6753 2207 and we will pass on the message.





CALENDAR

CALENDAR						
WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY/SUNDAY
7	18 - NAPLAN - Homework Centre @ 3:00 pm	19 - NAPLAN	20 - NAPLAN	21 - NAPLAN - Homework Centre @ 3:00 pm	22 - NAPLAN	23/24
8	25 - Homework Centre @ 3:00 pm	26	27	28 - Homework Centre @ 3:00 pm		30/31 31- EASTER SUNDAY WEEKEND - SCHOOL UESDAY 2ND APRIL
	1 ADDII	2	3	4 - Homework Centre @ 3:00 pm	_	6/7
9	1 APRIL - EASTER MONDAY				5	7 -Daylight Savings Finishes
EASTER LONG WEEKEND - SCHOOL RESUMES TUESDAY 2ND APRIL						
10	8 - Homework Centre @ 3:00 pm	9	10	11 - Homework Centre @ 3:00 pm	12 - Final Day of Term 1	13/14
9	15	16	17	18	19	20/21
SCHOOL HOLIDAYS - SCHOOL RESUMES TUESDAY 30TH APRIL						

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edu.au

SCHOOL VISION

Mungindi Central School is committed to delivering an innovative, collaborative and engaging education promoting growth within an inclusive environment.

All members of the school community are committed to promoting excellence whilst remaining focused on the needs of each and every individual child and work together to achieve our school motto of Motivation, Commitment and Success to produce proud, respectful, responsible learners who are active, productive and informed citizens.



Community Events

Take note of these events happening within our community.

